01April2025

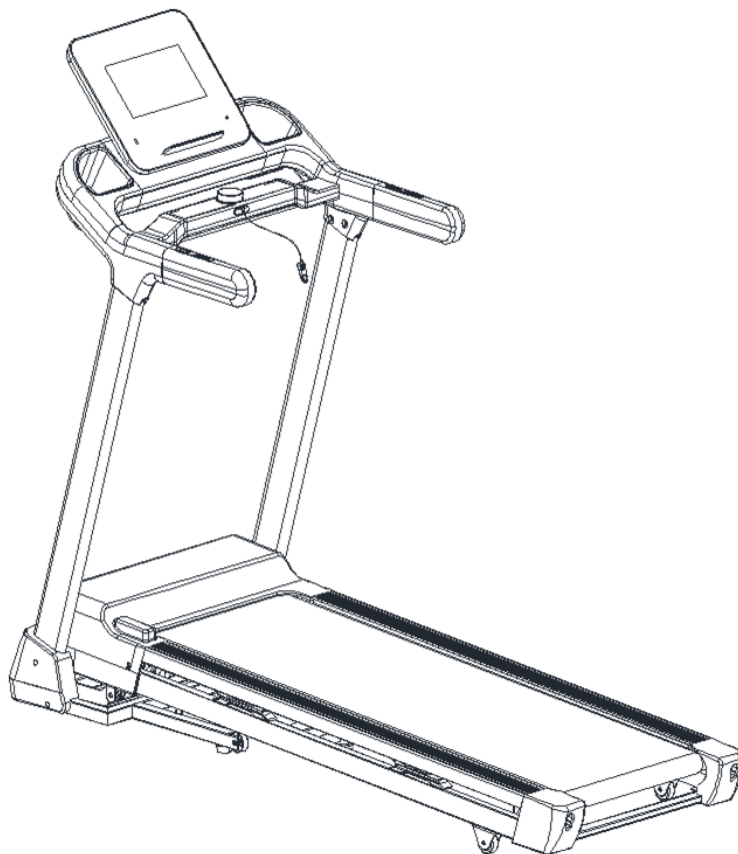# EDGEFIT

OWNER'S MANUAL
ITEM # EDG8009 – TFT8.0 TREADMILL

THANK YOU FOR PURCHASING THE TFT8.0 Treadmill FROM EDGEFIT

CONTENTS:

EDGEFIT

Please read this instruction manual carefully before assembling.

SAFETY INFORMATION:

Note the following precaution before assembling or operating this machine.

1、 Assemble and use this treadmill exactly as described in this instruction manual.

2、 Check all the screws, nuts, and other connections before using the machine for the first time and ensure that the treadmill is in safe working condition before every use.

3、 Set up the treadmill in a clean dry level place and keep it away from moisture and water.

4、 Always ensure that the treadmill is stable and has adequate space around it before use. Do not use this treadmill if damaged or defective – consult the supplier.

5、 Do not use aggressive cleaning products to clean this treadmill.

6、 Always consult your doctor before undertaking any exercise program.

7、 This machine is not suitable for therapeutic purposes.

8、 This machine can only be used by one person at a time.

9、 Always wear suitable training clothes and shoes when using this treadmill. Avoid loose clothing that could get caught in moving parts of this machine.

10. If you have a feeling of dizziness, sickness or other abnormal symptoms or pain, please stop training immediately and consult a doctor.

11. This treadmill is under no circumstances suitable as a children's toy. This treadmill is not intended for use by persons (including children) with reduced physical, sensory, or mental capabilities, or lack of experience and knowledge, unless they have been giving supervision or instruction concerning use of this treadmill by a person responsible for their safety. Please also keep all pets away from this machine

12. Care must be taken when lifting or moving the equipment so as not to injure your back. Always use proper lifting techniques and/or use assistance.

13. Use only original spare parts for any necessary repairs. Do not use this treadmill if the power cord is damaged. Do not place any materials in any openings on the machine.

14. Maximum user weight – 140KGS

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SPECIAL SAFETY PRECAUTIONS:

1. Choose a place where the power cord can reach a wall socket. Do not use an extension cord and always connect to a socket with a grounded circuit.
2. Never modify the power cord if it is not compatible with the wall socket.
3. It is recommended to use an approved surge protector with this treadmill.
4. Do not allow the power cord to be under the frame of the treadmill or become jammed, in the frame when the treadmill inclines and declines.
5. Always keep the cord away from high traffic areas.
6. Unplug the treadmill power cord before performing any maintenance / cleaning or servicing.
7. This treadmill is to be used inside only and not exposed to direct sunlight, high humidity or near water.
8. Maintenance should only be done by an authorized service technician unless otherwise stated by the manufacturer.
9. When the treadmill starts, it's best to stand on the side rails and wait for the belt to start moving before stepping onto it.
10. If your treadmill is on carpet or wooden floors, it's always best to place an equipment mat under the machine to protect the treadmill and carpet.
11. Allow at least 1.5 meters clearance around the treadmill when I use.
12. Always make sure the treadmill is used on level ground. If the treadmill is not level, this can cause stress on the frame and cause the running belt to run off center.
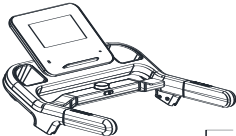
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EXPLODED VIEW & PARTS LIST:

EDGEFIT
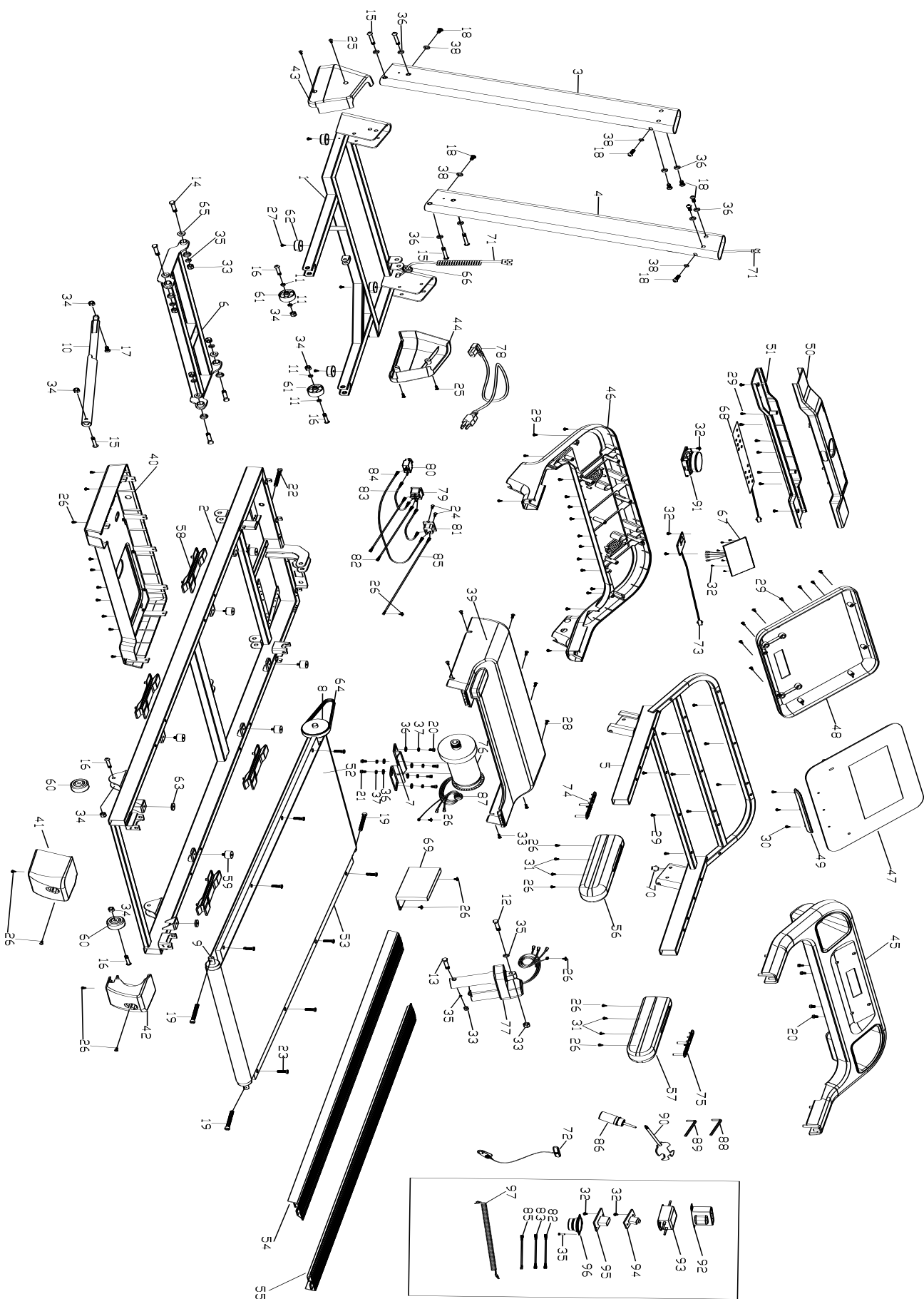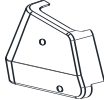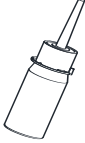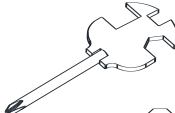
No.	Name	Specification	Qty	Note	No.	Name	Specification	Qty	Note
1	Base Frame		1		50	Front Handrail Cover		1	
2	Main Frame		1		51	Front Handrail Under Cover		1	
3	Upright Post Left		1		52	Running Belt		1	
4	Upright Post Right		1		53	Running Board		1	
5	Computer Rack		1		54	Side Rail Left		1	
6	Incline Rack		1		55	Side Rail Right		1	
7	Motor Base Board		1		56	Left Handrail Foam		1	
8	Front Roller		1		57	Right Handrail Foam		1	
9	Rear Roller		1		58	Cushion		4	
10	Gas Spring		1		59	Small Cylindrical Cushion		6	
11	Moving Wheel Spacer Bush		4		60	Moving Wheel		2	
12	Hexagon Socket Pan Head Bolt	M10*40	1		61	Adjustive Wheel		2	
13	Hex Head Cap Bolt	M10*55	1		62	Adjustable Foot Mat		4	
14	Hex Head Cap Bolt	M10*45	4		63	Rubber Cushion		2	
15	Hexagon Socket Pan Head Bolt	M8*45	5		64	Motor Belt		1	
16	Hexagon Socket Pan Head Bolt	M8*40	4		65	Incline Spacer Bush		8	
17	Hexagon Socket Pan Head Bolt	M8*25	1		66	Magnet Ring		1	
18	Hexagon Socket Pan Head Bolt	M8*20	8		67	Console		1	
19	Cylindrical Head Hex Socket Bolt	M8*65	3		68	Keypad		1	
20	Cylindrical Head Hex Socket Bolt	M8*20	8		69	Controller Board		1	
21	Cylindrical Head Hex Socket Bolt	M8*12	2		70	Upper Signal Wire		1	
22	Cylindrical Head Hex Socket Bolt	M8*60	1		71	Lower Signal Wire		1	
23	Hexagonal Countersunk Head Bolt	M6*20	8		72	Safety Key Set		1	
24	Cross Countersunk Self-tapping Self-drilling Screws	ST4*12	2		73	Safety Key Sensor		1	
25	Cross Recessed Pan Head Tapping Screw	ST4*19	4		74	Heart Rate Sensor Right		1	
26	Cross Recessed Washer Head Self-tapping Self-drilling Screw	ST4*12	23		75	Heart Rate Sensor Left		1	
27	Cross Recessed Washer Head Self-tapping Self-drilling Screw	ST4*19	4		76	Motor		1	
28	Cross Large Flat Head Bolt	M5*15	8		77	Incline Motor		1	
29	Cross Recessed Pan Head Tapping Screw	ST4*15	40		78	Power Cord		1	
30	Cross Recessed Pan head tapping screw	ST2.9*5	13		79	Rocker Switch		1	
31	Cross Countersunk Self-tapping Screws	ST4*45	4		80	Overload Protector		1	
32	Cross Recessed Pan Head Tapping Screw	ST2.9*10	10		81	Socket		1	
33	Hex Lock Nut	M10	6		82	Blue Single Line		1	

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34	Hex Lock Nut	M8	6		83	Brown Single Line		1	
35	Flat Washer	¢ 20*¢ 10*1	6		84	Brown Single Line		1	
36	Flat Washer	¢ 16*¢ 8*1	12		85	Grounding Line		1	
37	Standard Spring Washer	¢ 8	6		86	Silicon Oil		1	
38	Arc Washer	¢ 16*¢ 8*1	4		87	Magnetic Ring		1	
39	Motor Upper Cover		1		88	Hexagon Wrench	5#	1	
40	Motor Lower Cover		1		89	Hexagon Wrench	6#	1	
41	Left End Cap		1		90	Cross Open-End Wrench	#13, 14, 15	1	
42	Right End Cap		1		91	Smart Knob		1	
43	Left Base Cover		1		92	Inductor		1	
44	Right Base Cover		1		93	Filter		1	
45	Computer Upper Cover		1		94	Mp3 Module		1	Optional
46	Computer Lower Cover		1		95	USB Module		1	Optional
47	Computer Panel		1		96	Speaker		2	Optional
48	Computer Back Cover		1		97	Audio Spring Wires		1	Optional
49	iPad Rack		1						

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Main Treadmill Parts:

No.	Name	Specification	Qty		No.	Name	Specification	Qty
2	Main Frame		1		**5**	Computer		1
15	Hexagon Socket Pan Head Bolt	M8*45	2		**18**	Hexagon Socket Pan Head Bolt	M8*20	8
25	Cross Recessed Pan Head Tapping Screw	ST4*19	4		**36**	Flat Washer	ϕ8	6
38	Arc Washer	ϕ8	4		**43**	Left Base Cover		1
44	Right Base Cover		1		**72**	Safety Key		1
78	Power Cord		1		**86**	Silicon Oil		1
88	Hexagon Wrench	5MM	1		**89**	Hexagon Wrench	6MM	1
90	Cross Open-end Wrench	13, 14, 15	1		**97**	Audio Spring Wires		1

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Technical information:
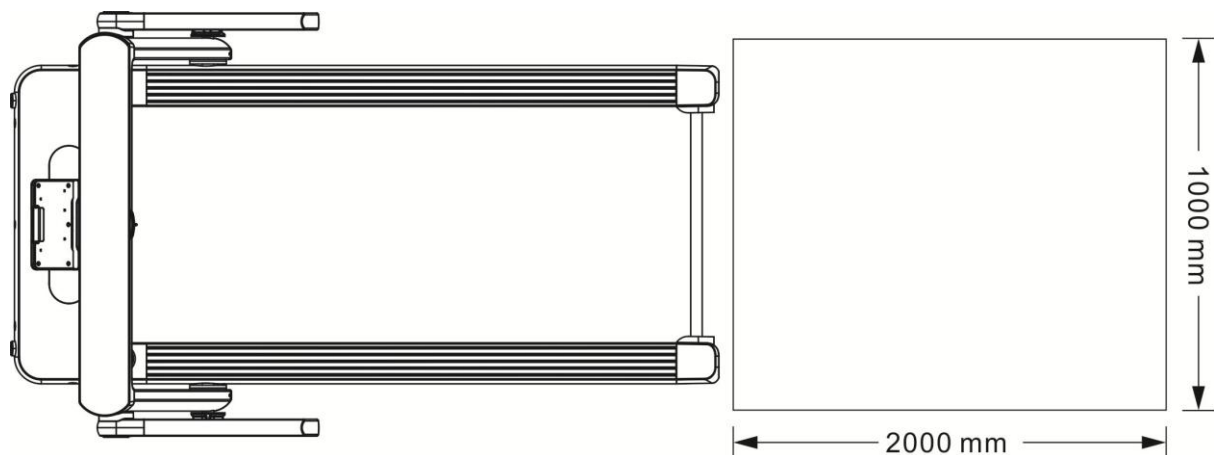
User Weight:	140KG
Dimension: (L/W/H)	1085 x 777 x 1451mm (Fold)
	1990 x 830 x 1328 mm (Unfold)
Running Area:	145cm x 48cm
Speed Range:	1.0km/h to 20km/h
Slope Range:	0 – 20 Levels
Machine Weight:	N.W.: 73kg / G.W. 83kg

WE RESERVE THE RIGHT TO AMEND THE PRODUCT WITHOUT PRIOR NOTICE

Unpacking & Assembly

(Please use extreme caution when assembling this treadmill. Failure to do so could result in injury)

● Remove all packaging material and place the individual parts on an available surface. This will provide you with an overview and will simplify assembly.

● Please consider that there is always the risk of injury when using tools and carrying out technical activities. Please proceed with care when assembling the device.

●Make sure you have a hazard-free working environment and do not leave tools lying around. Deposit the packaging material in such a way that it does not pose a danger. Foil/plastic bags are a potential risk of suffocation for children!

●Take your time when viewing the drawings and then assemble the device according to the instructions.

●The device must be carefully assembled by an adult person. If necessary, request aid from another technically talented person.

IF ANY OF THE PARTS ARE MISSING,
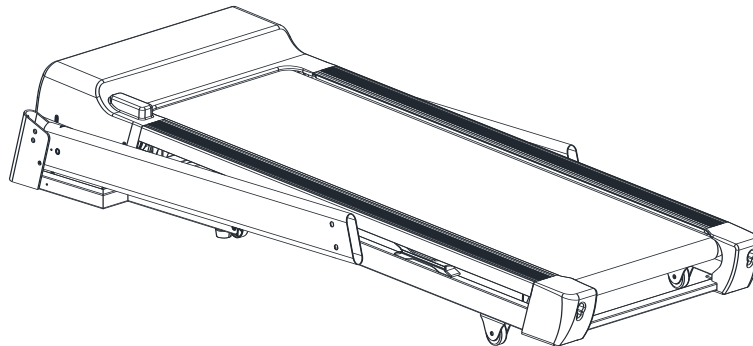
PLEASE CONTACT THE SUPPLIER BEFORE ASSEMBLING.

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ASSEMBLY INSTRUCTIONS:

Step 1:

Remove cardboard lid and break the side down of the carton so they are flat.

Leave the frame strap on the deck and the treadmill in the carton until fully assembled.

DO NOT plug the treadmill into the power until the unit is fully assembled.

Step 2:

Lift the Left Upright Posts (3) and secure with pan head Bolt (15) & flat washer (36) and pan head bolt (18) and arc washer (38) Lift up the Right Upright and secure with pan head bolt (15) & flat washer (36) and pan head bolt 18 and arc washer (38)

Be very careful not to damage or jam the wiring harness when lifting the Right Upright Post
Do not tighten any bolts until the treadmill is fully assembled.
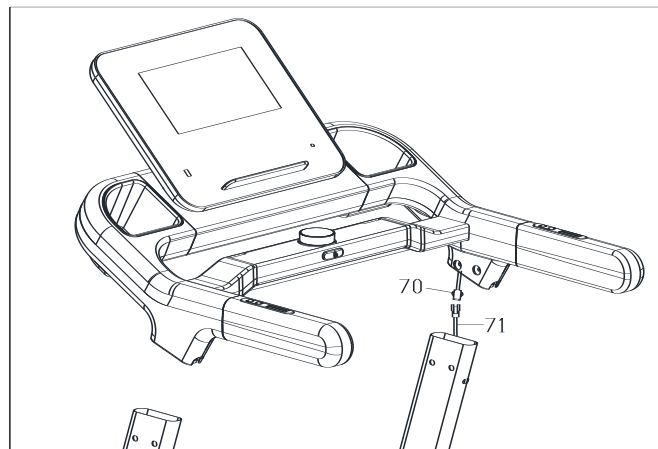

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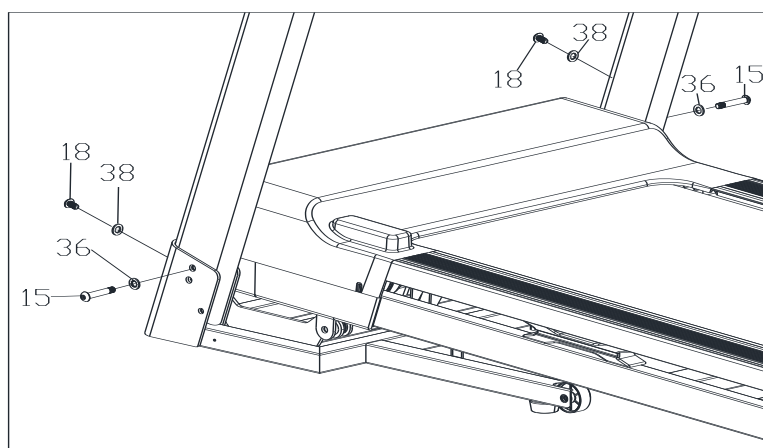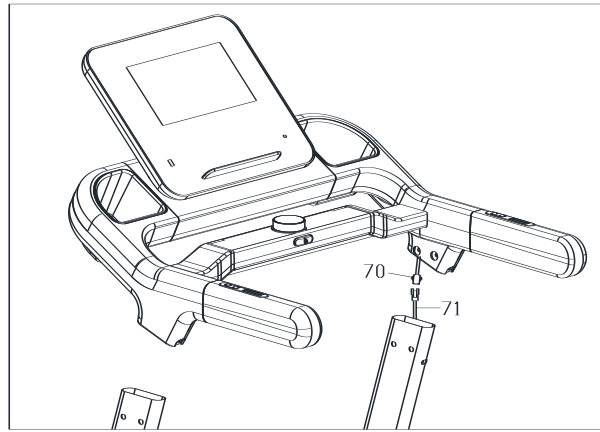
Step 3:

Use two people to hold console and connect the Lower wiring harness (71) to Upper console wiring (70). Then slide the console into the upright posts and **be extremely careful not to jam or cut the wires or damage the plastic console housing**.

Attach the console to the upright posts using bolts M8x20 (70), spring washers (70) & flat washers (8).


Step 4:

Attached the console to the upright posts using pan head bolts (18) and flat washers (36) & arc washers (38).

You can then go ahead and tighten all bolts that secure the upright posts to the base frame and the bolts that secure the console to the upright posts.

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Step 5:

Attached the left & right base frame covers (43 & 44) to each side of the treadmill frame and fix using the self-tapping screws (25).
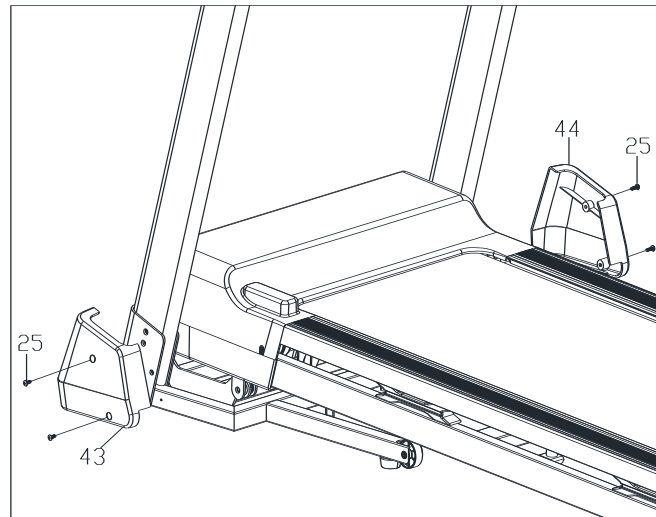
Getting Started:

TURNING THE POWER ON:

Insert the power cord into the front of the treadmill and then into the electrical wall socket outlet. Flip the ON/OFF switch to the ON position and the console will light up and beep.

SAFETY KEY AND CLIP:

Your treadmill will not start unless the safety key is properly inserted into the key holder in the middle of the console. The other end of the safety key should be securely clipped to your clothing so that in the case that you fall, you will pull the safety key from the console, which will stop the treadmill immediately. For your safety, never use the treadmill without securing the safety key clip to your clothing. Pull on the safety key clip to make sure it will not come off your clothing.

The safety key is designed to cut the main power from the console to the treadmill should you fall. Therefore, the safety key is designed to bring the treadmill to an immediate stop. This can be dangerous at high speeds. To bring the treadmill to a complete stop safely and comfortably, use the red stop button on the console.

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GETTING ON AND OFF THE TREADMILL:

Take care when getting on or off the treadmill.

Try to use the handlebars while getting on or off. While you are preparing to use the treadmill, do not stand on the running belt. Stand to the side of the belt by placing your feet on both side rails of the treadmill deck. Place your foot on the belt only after the belt has begun to move at a consistent slow speed no greater than 2km/hr.

During exercise, keep your body and head facing forward at all times. Never attempt to turn around on the treadmill when the running belt is still moving. When you have finished exercising, stop the treadmill by pressing the red stop button. Wait until the treadmill comes to a complete stop before attempting to get off the treadmill.
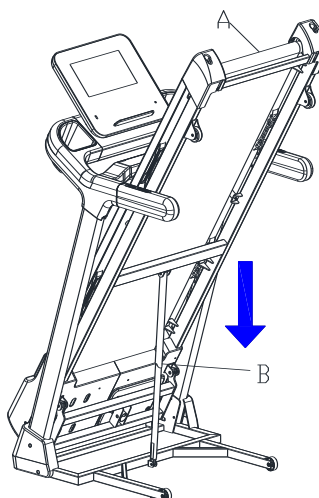
FOLDING THE TREADMILL:

1. Make sure the incline is flat on zero (0) position.

2. Turn the power off at the wall and unplug the power cord from the front of the treadmill.

3. Lift the deck from the (A) position until it's parallel to the upright post and the lifting strut locks into position.

4. **Caution:** check to ensure the lifting strut is in the locked position (B)
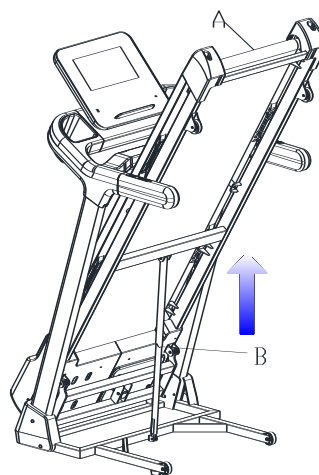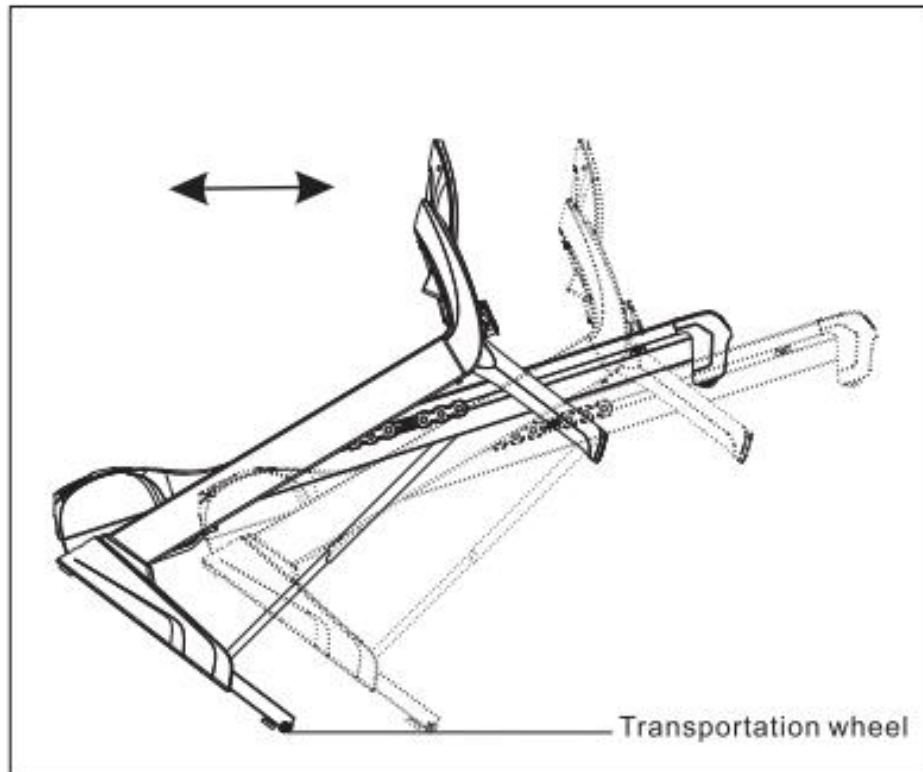
UNFOLDING THE TREADMILL:

1. Place one hand on position (A) and lightly push up to take the weight of the deck.

2. Press one foot on the middle section (B) of the strut to disengage the locking mechanism and pull down lightly on the running deck.

3. Once the deck is at a certain level, it will slowly drop to the ground under its own weight.
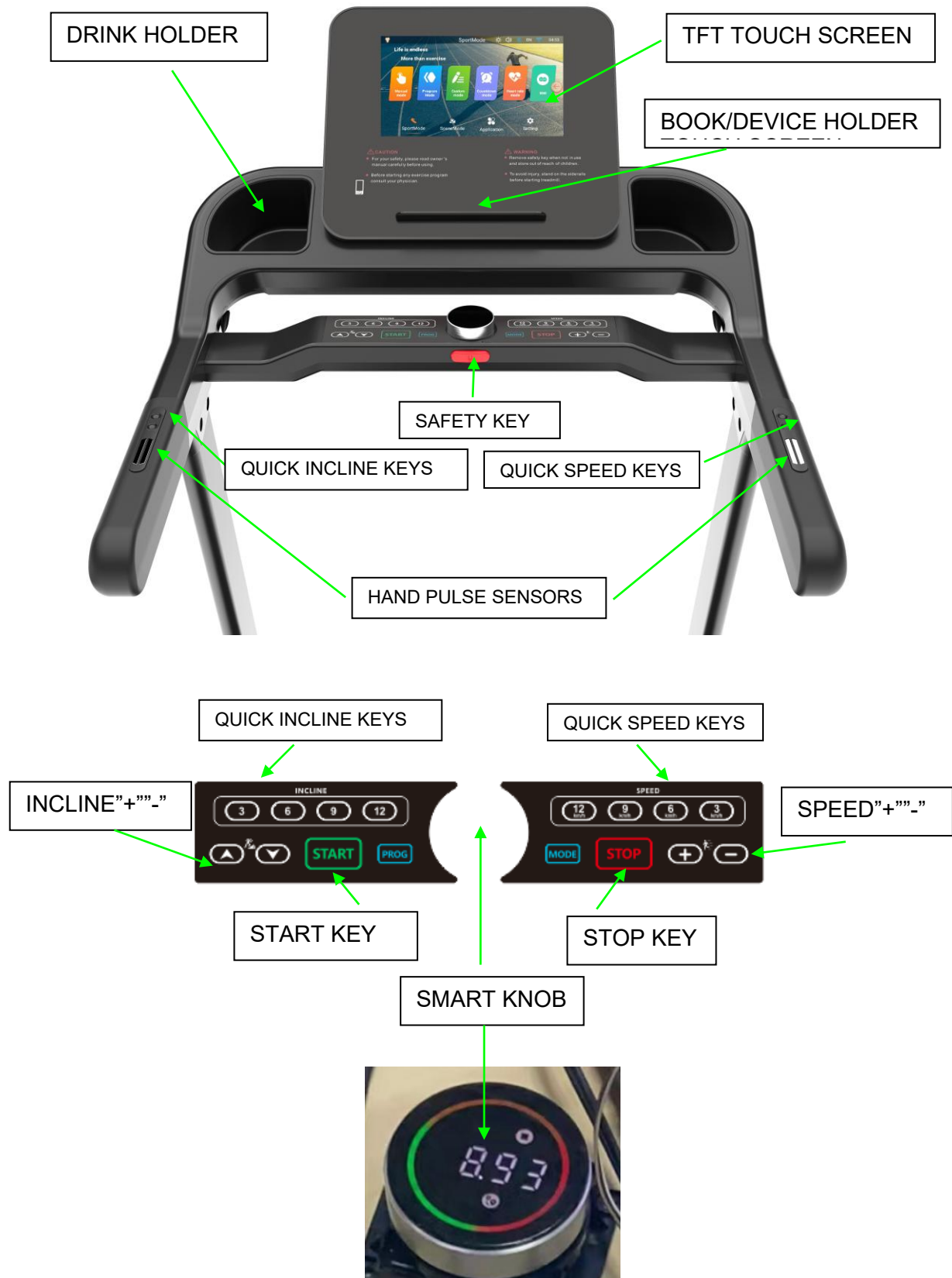Do not force it down.

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MOVING THE TREADMILL:

The treadmill can be moved around safely in its fold-up position by using the transport wheels. Once the treadmill is folded and locked in position, stand behind the deck and pull back towards you until the moving wheels are on the ground. You can then push or pull the treadmill to relocate.

Transportation wheel

Key Definition:

DRINK HOLDER

TFT TOUCH SCREEN

BOOK/DEVICE HOLDER

SAFETY KEY

QUICK INCLINE KEYS

QUICK SPEED KEYS

HAND PULSE SENSORS

QUICK INCLINE KEYS

QUICK SPEED KEYS

INCLINE"+""-"

SPEED"+""-"

START KEY

STOP KEY

SMART KNOB

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START-UP SCREEN INSTRUCTION:

First boot interface: static picture

The second boot interface: dynamic video
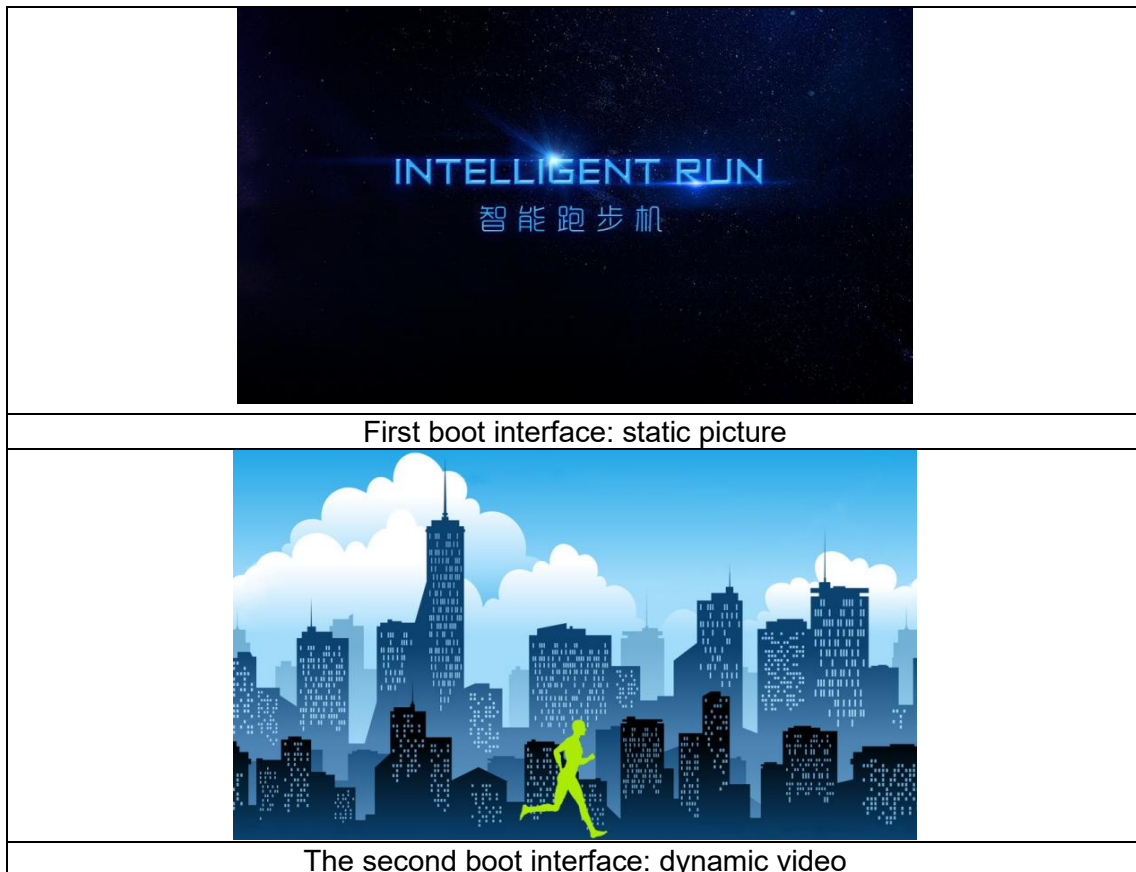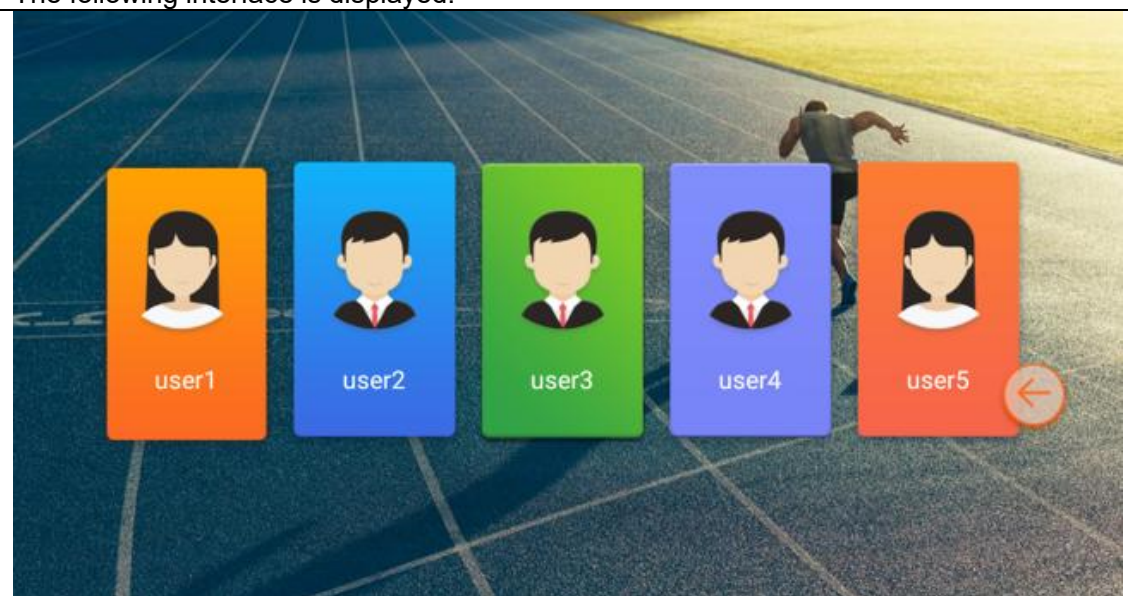
OPERATION SCREEN DESCRIPTION

After the treadmill is turned on, the interface of "5 user avatars" will appear. Click any user avatars to enter the next interface.
The following interface is displayed:

1. MAIN PAGE

Operation mode	The main interface has a total of 6 icons, with a text description of the function above the icon. Click any icon to enter the submenu of the function. There is a row of labels below, including four labels: sports mode, scene mode, application and settings. Click the corresponding icon to enter the corresponding interface.
	Click this icon to enter the "Manual Mode" operation interface
	Click this icon to enter the "Custom Mode" operation interface
	Click this icon to enter the "Countdown Mode" operation interface
	Click this icon to enter the "Heart Rate Mode" operation interface
	Click this icon to enter the operation interface of "Sports Mode"
	Click this icon to enter the "Scene Mode" operation interface
	Click this icon to enter the "Application" operation interface
	Click this icon to enter the "Settings" operation interface
	Click this icon to enter the "Brightness" setting interface.
	Click this icon to enter the "Volume" setting interface.
	Click this icon to enter the "Language" setting interface.

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2. SPORTS INTERFACE

（a）Manual Mode

Click " SportMode " to enter the intelligent running sub interface, then click the "icon，and the console will count down "3、2、1、GO" and the Treadmill Belt will start（similarly, the countdown procedure is applicable to all motion functions) as shown "in figure 01".

Figure 01
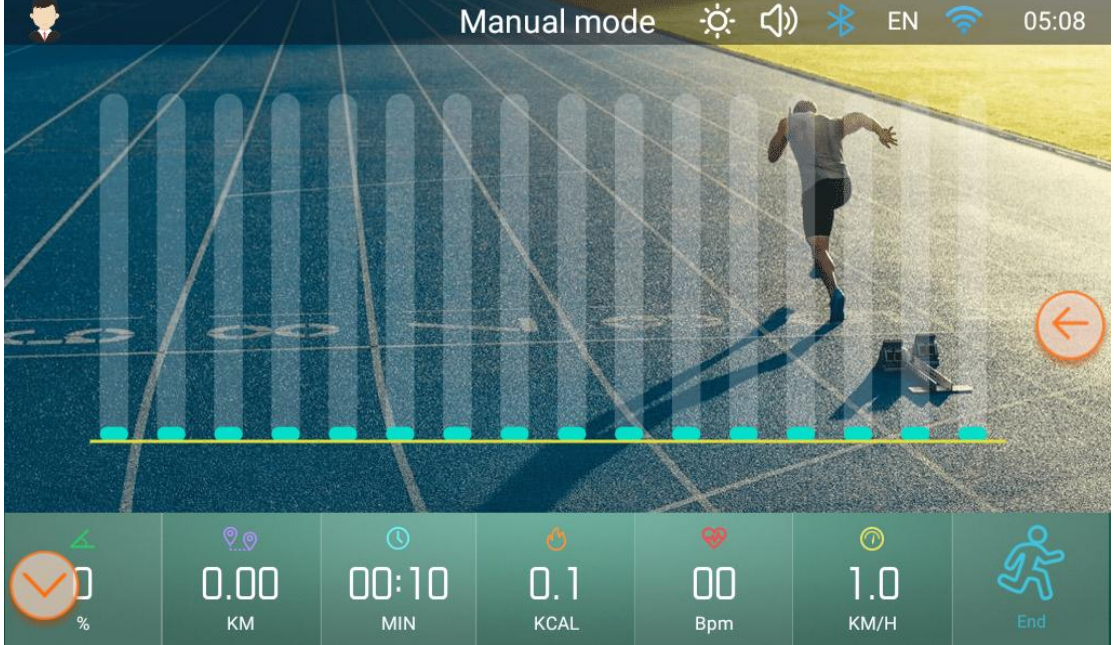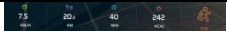
Figure 02

In the sports function interface, touch" ∨ "to hide the sport parameters bar, touch" ∧ "to show the sport parameters bar. In default, the sport parameters are displayed on the motion screen.

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During the running, you can control the speed and incline by touching the speed and incline adjustment keys.

Touch the "Stop" button and the treadmill belt stops moving and the sports data pops up. The interface is as follows (similarly, this step applies to all sports functions）**：**

| ← | Touch this icon to return to the previous interface. |
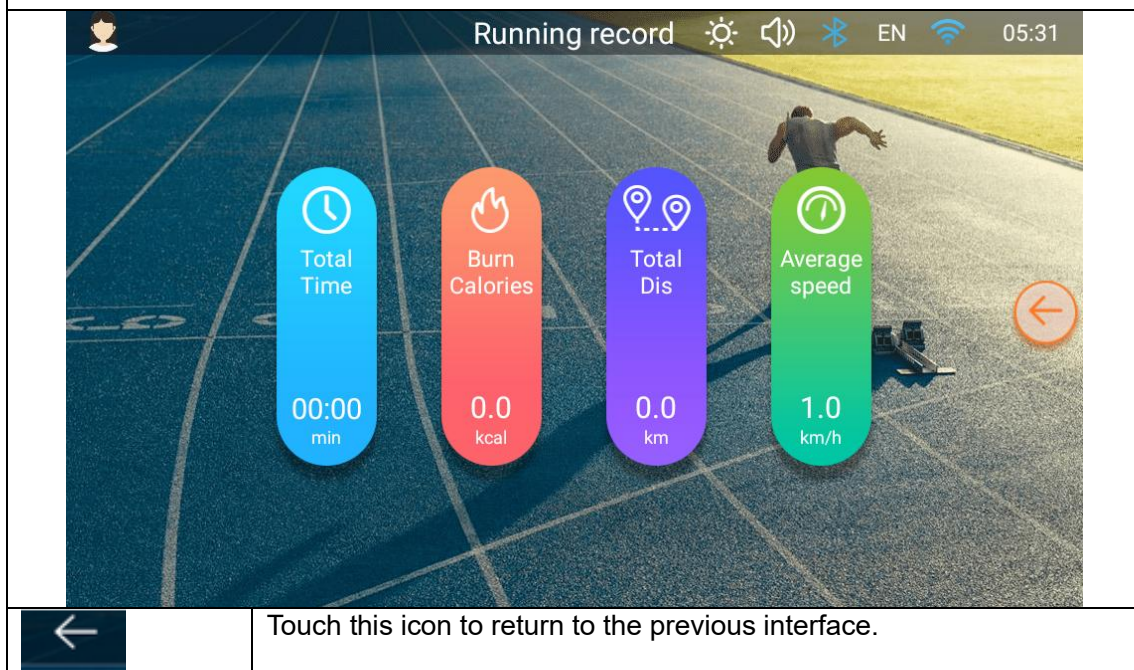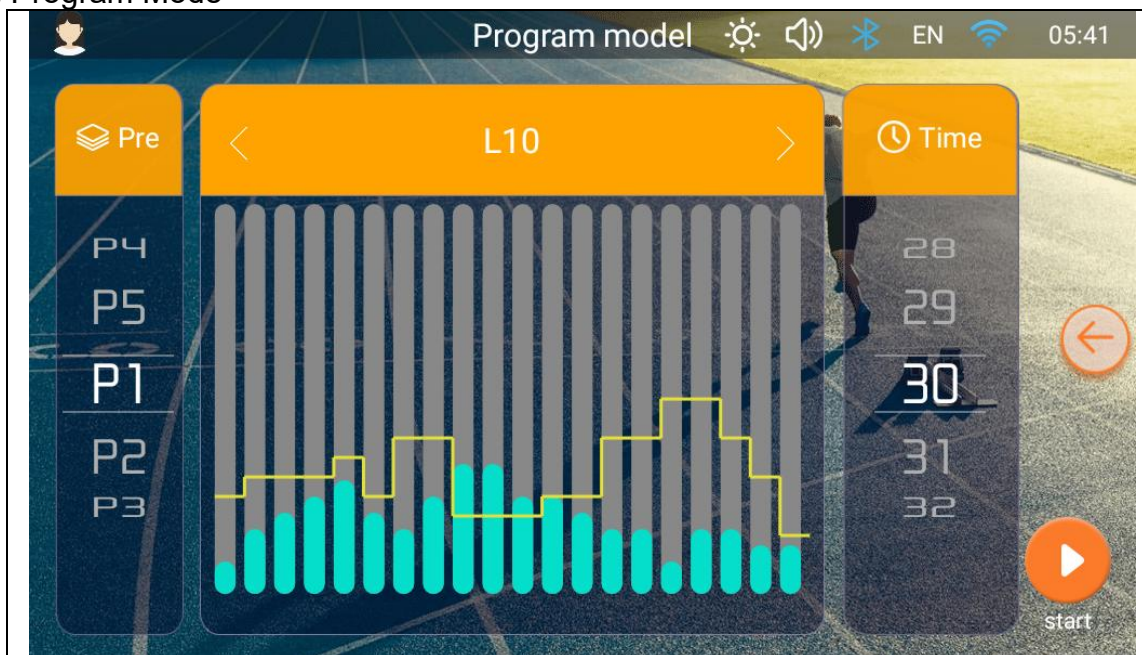
(b) Program Mode

In Program mode there is a total of 64 programs: P1- P64

(Users can swipe the screen left and right or click the next arrow " > " previous " < " to make a switch), the program is shown below:

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Time / Program		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
P01	SPEED	2	3	3	4	5	3	4	5	5	3	4	5	4	4	4	2	3	3	5	3
	INCLINE	1	1	2	2	2	3	3	3	2	2	1	2	2	1	1	3	3	2	2	2
P02	SPEED	2	4	4	5	6	4	6	6	6	4	5	6	4	4	4	2	2	5	4	2
	INCLINE	1	2	2	2	2	3	3	2	2	2	2	2	3	3	3	4	4	3	2	2
P03	SPEED	2	4	4	6	6	4	7	7	7	4	7	7	4	4	4	2	4	5	3	2
	INCLINE	2	3	3	2	2	3	3	3	2	2	2	2	4	4	4	6	6	3	2	2
P04	SPEED	3	5	5	6	7	7	5	7	7	8	8	5	9	5	5	6	6	4	4	3
	INCLINE	2	3	3	2	2	3	3	3	2	2	2	2	4	4	4	6	6	3	2	2
P05	SPEED	2	4	4	5	6	7	7	5	6	7	8	8	5	4	3	3	6	5	4	2
	INCLINE	3	3	3	4	4	5	5	5	4	4	4	4	5	5	3	3	3	2	2	2
P06	SPEED	2	4	4	4	5	6	8	8	6	7	8	8	6	4	4	2	5	4	3	2
	INCLINE	3	5	5	5	4	4	4	3	3	3	3	4	4	4	3	3	3	4	3	2
P07	SPEED	2	3	3	3	4	5	3	4	5	3	4	5	3	3	3	6	6	5	3	3
	INCLINE	4	4	4	4	3	3	6	6	6	7	7	8	8	9	9	6	6	5	4	4
P08	SPEED	2	3	3	6	7	7	4	6	7	4	6	7	4	4	4	2	3	4	4	2
	INCLINE	4	5	5	5	6	6	6	7	8	9	9	9	10	10	10	12	12	8	6	3
P09	SPEED	2	4	4	7	7	4	7	8	4	8	9	9	4	4	4	5	6	3	3	2
	INCLINE	5	5	5	6	6	6	4	4	6	6	5	5	8	8	9	9	9	7	4	2
P10	SPEED	2	4	5	6	7	5	4	6	8	8	6	6	5	4	4	2	4	4	3	3
	INCLINE	5	6	6	6	7	5	8	8	4	4	4	5	5	8	8	10	10	8	6	3
P11	SPEED	2	5	8	10	7	7	10	10	7	7	10	10	5	5	9	9	5	5	4	3
	INCLINE	4	5	3	2	6	6	2	2	2	2	2	4	5	6	3	2	5	5	2	0
P12	SPEED	3	4	9	9	5	9	5	8	5	9	7	5	5	7	9	9	5	7	6	3
	INCLINE	1	2	3	2	3	5	5	0	0	2	3	5	7	3	3	5	6	5	3	3
P13	SPEED	3	6	7	5	9	9	7	5	5	7	9	5	8	5	9	5	9	9	4	3
	INCLINE	3	3	5	6	5	3	3	7	5	3	2	0	0	5	5	3	2	3	2	1
P14	SPEED	2	2	4	5	6	5	4	3	2	1	2	3	4	5	6	5	4	3	2	1
	INCLINE	4	4	4	4	3	3	6	6	6	7	7	8	8	9	9	6	6	5	4	4
P15	SPEED	2	4	6	8	6	6	4	4	2	2	2	4	6	8	6	6	4	4	2	2
	INCLINE	3	3	3	4	4	5	5	5	4	4	4	4	5	5	3	3	3	2	2	2
P16	SPEED	2	4	6	8	10	8	6	4	2	2	2	4	6	8	6	6	4	4	2	2
	INCLINE	5	5	5	6	6	6	4	4	6	6	5	5	8	8	9	9	9	7	4	1
P17	SPEED	2	2	6	6	8	10	6	6	2	2	2	2	6	6	8	10	6	6	2	2
	INCLINE	4	5	5	5	6	6	6	7	8	9	9	9	10	10	10	12	12	8	6	3
P18	SPEED	2	3	4	5	2	3	4	5	3	2	2	3	4	5	2	3	4	5	3	2
	INCLINE	4	4	4	4	3	3	6	6	6	7	7	8	8	9	9	6	6	5	3	2
P19	SPEED	2	4	6	2	4	6	2	4	6	2	2	4	6	2	4	6	2	4	6	2
	INCLINE	3	5	5	5	4	4	4	3	3	3	3	4	4	4	3	3	3	4	3	2
P20	SPEED	1	3	4	5	6	5	4	3	2	1	1	3	4	5	6	5	4	3	2	1
	INCLINE	3	3	3	4	4	5	5	5	4	4	4	4	5	5	5	3	2	3	2	1
P21	SPEED	4	5	4	4	4	2	3	3	5	3	2	3	3	4	5	3	4	5	5	3
	INCLINE	1	2	2	1	1	3	3	2	2	2	1	1	2	2	2	3	3	3	2	2
P22	SPEED	5	6	4	4	4	2	2	5	4	2	2	4	4	5	6	4	6	6	6	4
	INCLINE	2	2	3	3	3	4	4	3	2	2	1	2	2	2	2	3	3	2	2	2
P23	SPEED	2	4	4	4	4	2	4	5	3	2	2	4	4	6	6	4	7	7	7	4
	INCLINE	2	2	4	4	4	6	6	3	2	2	2	3	3	2	2	3	3	3	2	2
P24	SPEED	3	5	9	5	5	6	6	4	4	3	3	5	5	6	7	7	5	7	7	8
	INCLINE	2	2	4	4	4	6	6	3	2	2	2	3	3	2	2	3	3	3	2	2
P25	SPEED	3	4	5	4	3	3	6	5	4	2	2	4	4	5	6	7	7	5	6	7
	INCLINE	4	4	5	5	3	3	3	2	2	2	3	3	3	4	4	5	5	5	4	4
P26	SPEED	1	3	6	4	4	2	5	4	3	2	2	4	4	4	5	6	8	8	6	7
	INCLINE	3	4	4	4	3	3	3	4	3	2	3	5	5	5	4	4	4	3	3	3
P27	SPEED	4	5	3	3	3	6	6	5	3	3	2	3	3	3	4	5	3	4	5	3
	INCLINE	2	4	8	9	9	6	6	5	4	4	4	4	4	4	3	3	6	6	6	7
P28	SPEED	1	3	4	4	4	2	3	4	4	2	2	3	3	6	7	7	4	6	7	4
	INCLINE	3	2	2	4	3	2	2	4	6	3	4	5	5	5	6	6	6	7	8	9

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Time set/20 intervals = running duration

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P29	SPEED	2	5	5	5	4	5	6	3	3	2	2	4	4	7	7	4	7	8	4	8
	INCLINE	5	5	8	8	9	9	9	7	4	2	5	5	5	6	6	6	4	4	6	6
P30	SPEED	6	6	5	4	4	2	4	4	3	3	2	4	5	6	7	5	4	6	8	8
	INCLINE	4	5	5	8	8	10	10	8	6	3	5	6	6	6	7	5	8	8	4	4
P31	SPEED	4	2	4	4	3	4	5	5	4	3	2	5	8	10	7	7	10	10	7	7
	INCLINE	2	4	5	6	3	2	5	5	2	0	4	5	3	2	6	6	2	2	2	2
P32	SPEED	5	5	2	2	4	5	5	7	6	3	3	4	9	9	5	9	5	8	5	9
	INCLINE	3	5	7	3	3	5	6	5	3	3	1	2	3	2	3	5	5	0	0	2
P33	SPEED	2	3	2	1	3	2	9	9	4	3	3	6	7	5	9	9	7	5	5	7
	INCLINE	2	0	0	5	5	3	2	3	2	1	3	3	5	6	5	3	3	7	5	3
P34	SPEED	2	3	4	5	6	5	4	3	2	1	2	2	4	5	9	9	4	4	4	5
	INCLINE	4	2	2	4	2	6	6	5	4	4	4	4	4	4	3	3	6	6	6	7
P35	SPEED	2	4	6	8	6	6	4	4	2	2	2	4	6	8	6	6	4	4	2	2
	INCLINE	4	4	5	5	3	3	3	2	2	2	3	3	3	4	4	5	5	5	4	4
P36	SPEED	2	4	6	8	6	6	4	4	2	2	2	4	6	8	10	8	6	4	2	2
	INCLINE	5	5	8	8	9	9	9	7	4	1	5	5	5	6	6	6	4	4	6	6
P37	SPEED	2	2	6	6	8	10	6	6	2	2	2	2	6	6	8	10	6	6	2	2
	INCLINE	4	2	2	6	8	10	12	8	6	3	4	5	5	5	6	6	6	7	8	9
P38	SPEED	2	3	4	5	2	3	4	5	3	2	2	3	4	5	2	3	4	5	3	2
	INCLINE	7	8	8	9	9	6	6	5	3	2	4	4	4	4	3	3	6	6	6	7
P39	SPEED	2	4	6	2	4	6	2	4	6	2	2	4	6	2	4	6	2	4	6	2
	INCLINE	3	4	4	4	3	3	3	4	3	2	3	5	5	5	4	4	4	3	3	3
P40	SPEED	1	3	4	5	6	5	4	3	2	1	1	3	4	5	6	5	4	3	2	1
	INCLINE	4	4	5	5	3	3	3	2	2	2	3	3	3	4	4	5	5	5	4	4
P41	SPEED	3	4	5	5	3	4	5	4	4	4	2	3	3	4	5	2	3	3	5	3
	INCLINE	3	3	3	2	2	1	2	2	1	1	1	1	2	2	2	3	3	2	2	2
P42	SPEED	4	6	6	6	4	5	6	4	4	4	2	4	4	5	6	2	2	5	4	2
	INCLINE	3	3	2	2	2	2	2	3	3	3	1	2	2	2	2	4	4	3	2	2
P43	SPEED	4	7	7	7	4	7	7	4	4	4	2	4	4	6	6	2	4	5	3	2
	INCLINE	3	3	3	2	2	2	2	4	4	4	2	3	3	2	2	6	6	3	2	2
P44	SPEED	7	5	7	7	8	8	5	9	5	5	3	5	5	6	7	6	6	4	4	3
	INCLINE	3	3	3	2	2	2	2	4	4	4	2	3	3	2	2	6	6	3	2	2
P45	SPEED	7	7	5	6	7	8	8	5	4	3	2	4	4	5	6	3	6	5	4	2
	INCLINE	5	5	5	4	4	4	4	5	5	3	3	3	3	4	4	3	3	2	2	2
P46	SPEED	6	8	8	6	7	8	8	6	4	4	2	4	4	4	5	2	5	4	3	2
	INCLINE	4	4	3	3	3	3	4	4	4	3	3	5	5	5	4	3	3	4	3	2
P47	SPEED	5	3	4	5	3	4	5	3	3	3	2	3	3	3	4	6	6	5	3	3
	INCLINE	3	6	6	6	7	7	8	8	9	9	4	4	4	4	3	6	6	5	4	4
P48	SPEED	7	4	6	7	4	6	7	4	4	4	2	3	3	6	7	2	3	4	4	2
	INCLINE	6	6	7	8	9	9	9	10	10	10	4	5	5	5	6	12	12	8	6	3
P49	SPEED	4	7	8	4	8	9	9	4	4	4	2	4	4	7	7	5	6	3	3	2
	INCLINE	6	4	4	6	6	5	5	8	8	9	5	5	5	6	6	9	9	7	4	2
P50	SPEED	5	4	6	8	8	6	6	5	4	4	2	4	5	6	7	2	4	4	3	3
	INCLINE	5	8	8	4	4	4	5	5	8	8	5	6	6	6	7	10	10	8	6	3
P51	SPEED	4	4	3	6	6	10	10	5	5	9	2	5	8	10	7	9	5	5	4	3
	INCLINE	6	2	2	2	2	2	4	5	6	3	4	5	3	2	6	2	5	5	2	0
P52	SPEED	5	6	6	5	6	7	5	5	7	9	3	4	9	9	5	9	5	7	6	3
	INCLINE	5	5	0	0	2	3	5	7	3	3	1	2	3	2	3	5	6	5	3	3
P53	SPEED	4	4	3	6	7	9	5	8	5	9	3	6	7	5	9	5	9	9	4	3
	INCLINE	3	3	7	5	3	2	0	0	5	5	3	3	5	6	5	3	2	3	2	1
P54	SPEED	5	4	3	2	1	2	3	4	5	6	2	2	4	5	6	5	4	3	2	1
	INCLINE	3	6	6	6	7	7	8	8	9	9	4	4	4	4	3	6	6	5	4	4
P55	SPEED	6	4	4	2	2	2	4	6	8	6	2	4	6	8	6	6	4	4	2	2
	INCLINE	5	5	5	4	4	4	4	5	5	3	3	3	3	4	4	3	3	2	2	2
P56	SPEED	8	6	4	2	2	2	4	6	8	6	2	4	6	8	10	6	4	4	2	2
	INCLINE	6	4	4	6	6	5	5	8	8	9	5	5	5	6	6	9	9	7	4	1
P57	SPEED	3	4	4	3	2	2	2	6	6	8	2	2	6	6	8	10	6	6	2	2
	INCLINE	6	6	7	8	9	9	9	10	10	10	4	5	5	5	6	12	12	8	6	3

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P58	**SPEED**	3	4	5	3	2	2	3	4	5	2	2	3	4	5	2	3	4	5	3	2
	INCLINE	3	6	6	6	7	7	8	8	9	9	4	4	4	4	3	6	6	5	3	2
P59	**SPEED**	6	2	4	6	2	2	4	6	2	4	2	4	6	2	4	6	2	4	6	2
	INCLINE	4	4	3	3	3	3	4	4	4	3	3	5	5	5	4	3	3	4	3	2
P60	**SPEED**	5	4	3	2	1	1	3	4	5	6	1	3	4	5	6	5	4	3	2	1
	INCLINE	5	5	5	4	4	4	4	5	5	3	3	3	3	4	4	3	3	2	2	2
P61	**SPEED**	2	3	3	5	3	3	3	4	5	3	4	5	5	3	4	5	4	4	4	3
	INCLINE	3	3	2	2	2	1	2	2	2	3	3	3	2	2	1	2	2	1	1	2
P62	**SPEED**	2	2	5	4	2	4	4	5	6	4	6	6	6	4	5	6	4	4	4	4
	INCLINE	4	4	3	2	2	2	2	2	2	3	3	2	2	2	2	2	3	3	3	2
P63	**SPEED**	2	4	5	3	2	4	4	6	6	4	7	7	7	4	7	7	4	4	4	4
	INCLINE	6	6	3	2	2	3	3	2	2	3	3	3	2	2	2	2	4	4	4	2
P64	**SPEED**	6	6	4	4	3	5	5	6	7	7	5	7	7	8	8	5	9	5	5	8
	INCLINE	6	6	3	2	2	3	3	2	2	3	3	3	2	2	2	2	4	4	4	2

Each program has a corresponding interface. Select the program and click the parameter under "Time". Slide up and down with your finger to adjust the required parameter, the default time parameter is 30. After starting, the treadmill will automatically count down according to the set parameters. The built-in program is divided into 30 segments, each exercise time = set time /30. After the countdown is complete, the treadmill will automatically stop. In the duration of the program, the speed and incline can be controlled by pressing the speed and incline keys on the keypad, but the speed and incline will go back to its default setting in the next segment. You can stop the treadmill at any time in the program by pressing the "Stop" key on the keypad.
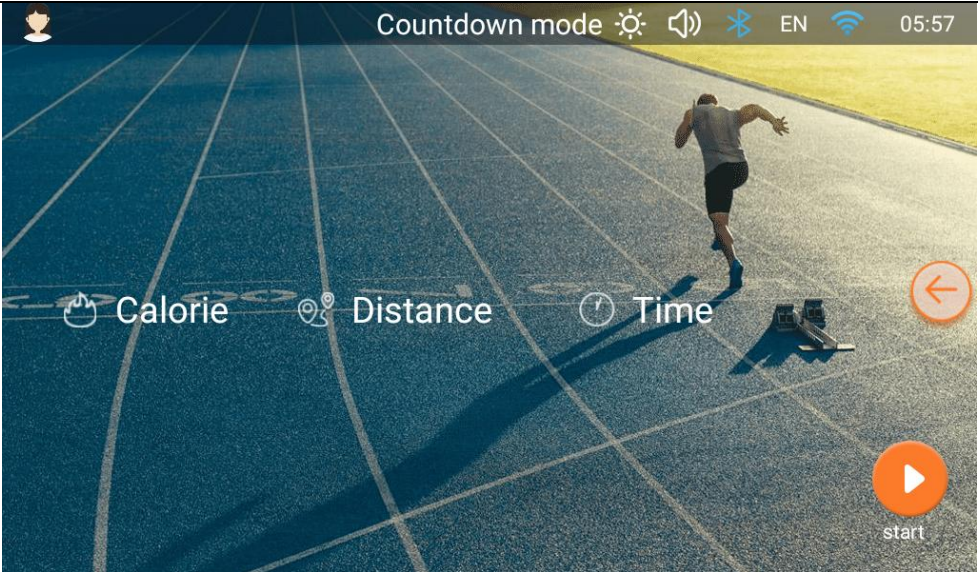
Once the user adjusts the "time" parameter" of each segment, clicks the "▶" icon to display the running interface in program mode, which is shown as follows:
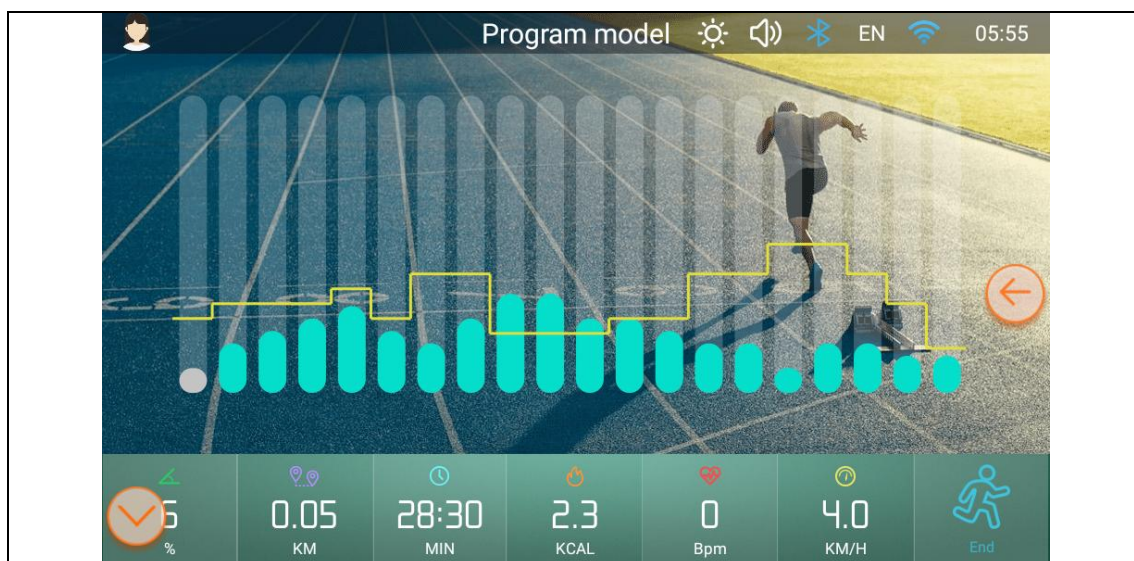
PLEASE NOTE:
WHILE IN A PROGRAM, THE TREADMILL SPEED & INCLINE WILL CHANGE AUTOMATICALLY DURING THAT PROGRAM

（c）Countdown Mode

	Touch the icon" "To enter the countdown mode interface. There are three settings: time, distance and calories.
	Touch the "Time" icon and slide up and down with to adjust to the required "time" parameter. The default is set to 30 minutes.
	Touch the "distance" icon and slide up and down to adjust to the required "distance" parameter, the default is set to 1Km/Hr.
	Touch the "calorie" icon and slide up and down to adjust to the required "calorie" parameter, the default is set to 30 kcal.

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After setting the value of the corresponding icon, click the "▶" icon to enter the corresponding running mode. After starting, the treadmill will automatically count down according to the set parameters. When the countdown is complete, the treadmill automatically stops.

In the duration of the program, the speed and incline can be controlled by pressing the speed and incline keys on the keypad.

You can stop the treadmill at any time in the program by pressing the "Stop" key and the following interface is displayed:
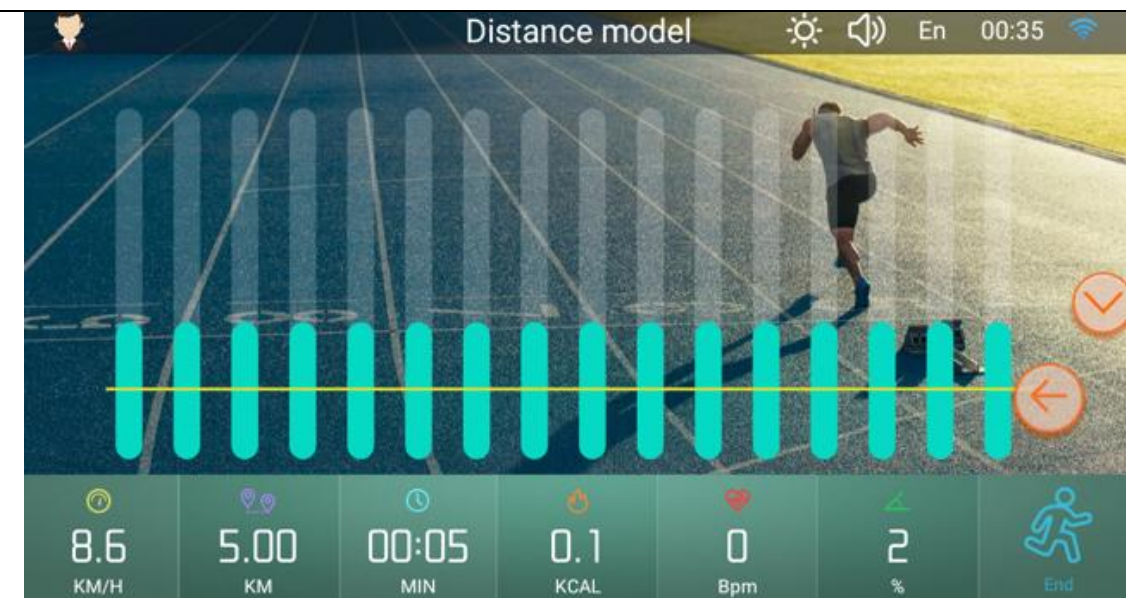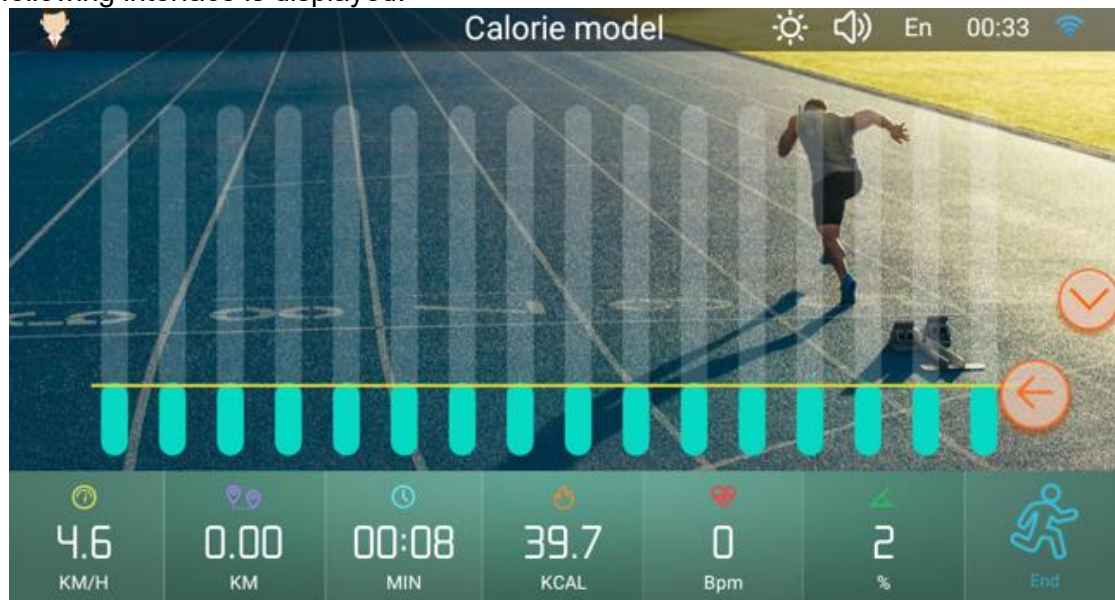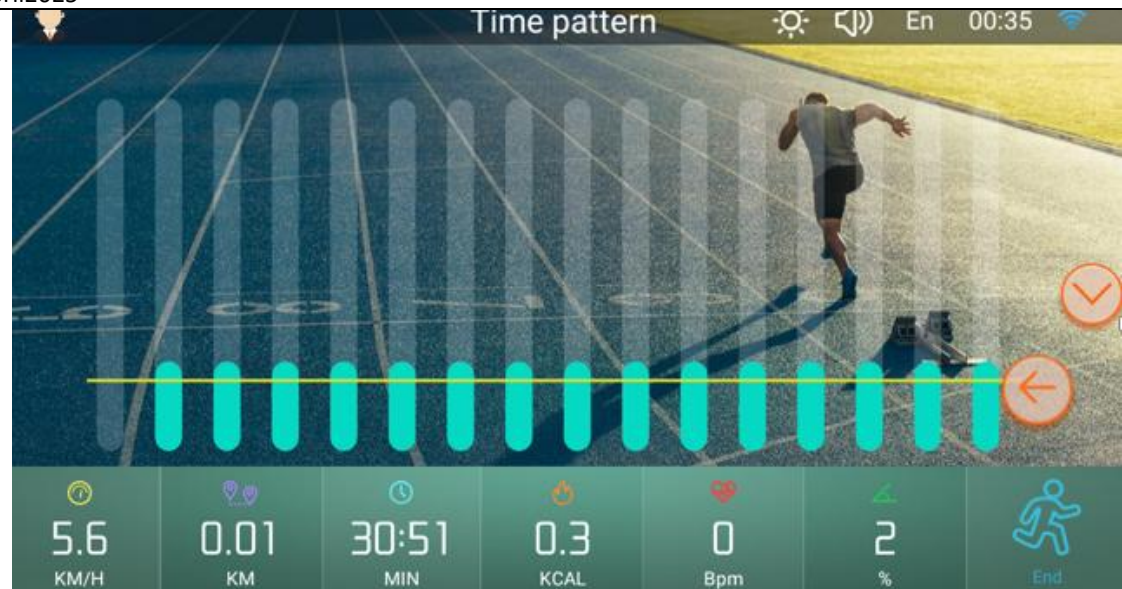
⬅	Touch this icon to return to the previous interface (similarly, this step applies to all secondary and higher levels of the interface)
🔊	Click this icon, the " 🔊 ———— " displayed. Click to change the volume. Or you can also change the volume by clicking the " 🔊 🔊 "at the bottom of the screen.

While in Countdown mode, the user can return to the previous interface through the back key, and then enter and use "local video", "local music" or "online browsing" and can return to countdown mode at any time.

(d) Custom Mode

Click the custom mode icon " 🏃 " to enter the custom mode. There are five modes. Click the " < " and " > " to switch modes.
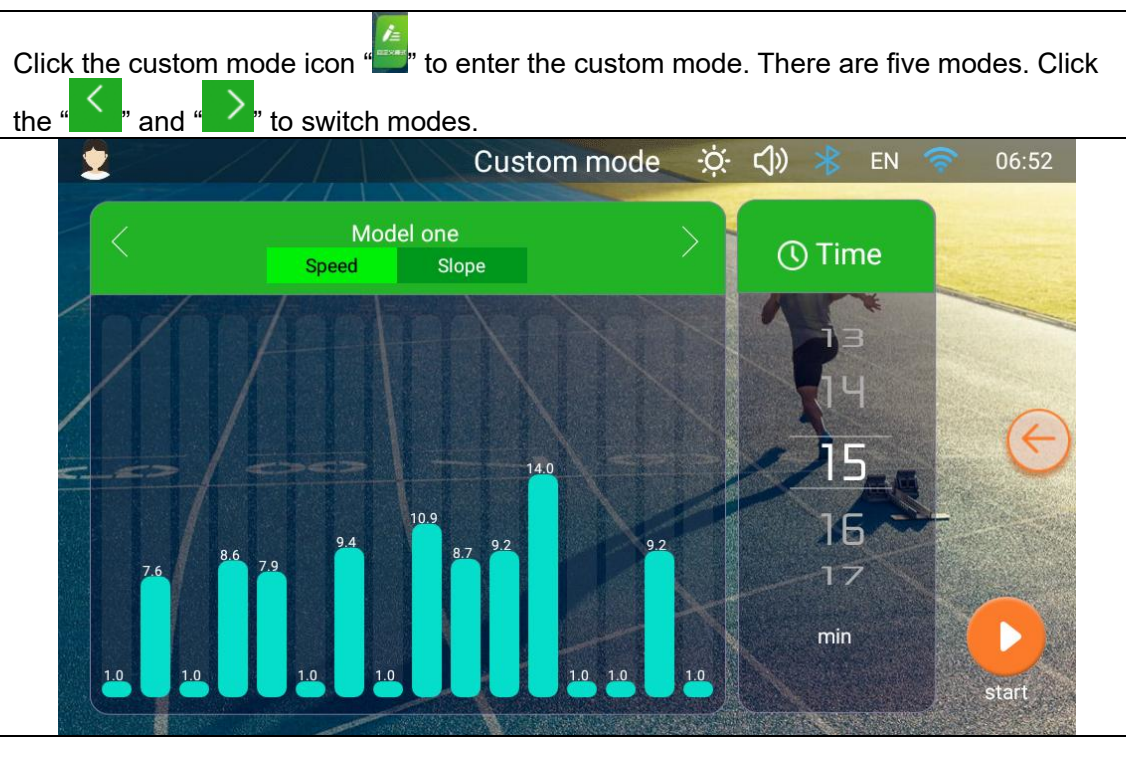
The speed/incline & time can be freely set for each 16 segments. Directly click the bar to set speed and incline by sliding the bar up and down. The time can be set by sliding the time value up and down.

After adjusting the speed, incline, and time value, click the "" icon to enter the custom mode running. The following interface is displayed:
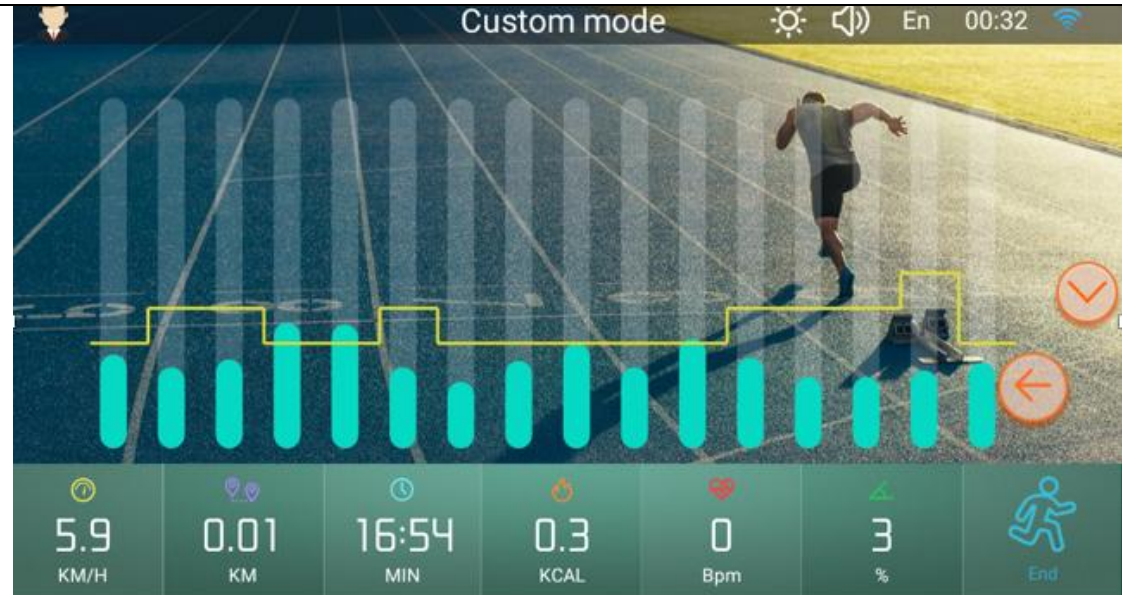
（e）Heartrate Mode

Click "" icon to enter the heart rate mode interface. Age, target heart rate and time can be freely set by sliding each value up and down to the desired value.

	Click "Age" and slide up and down to adjust the age. The default age parameter is set at 18.
	Click "Target Heart Rate" and slide up and down to adjust the target heart rate. The default parameter is set at 121 Beats Per Minute
	Click "Time" and slide up and down to adjust the desired time value. The default parameter time is set at 30 mins.
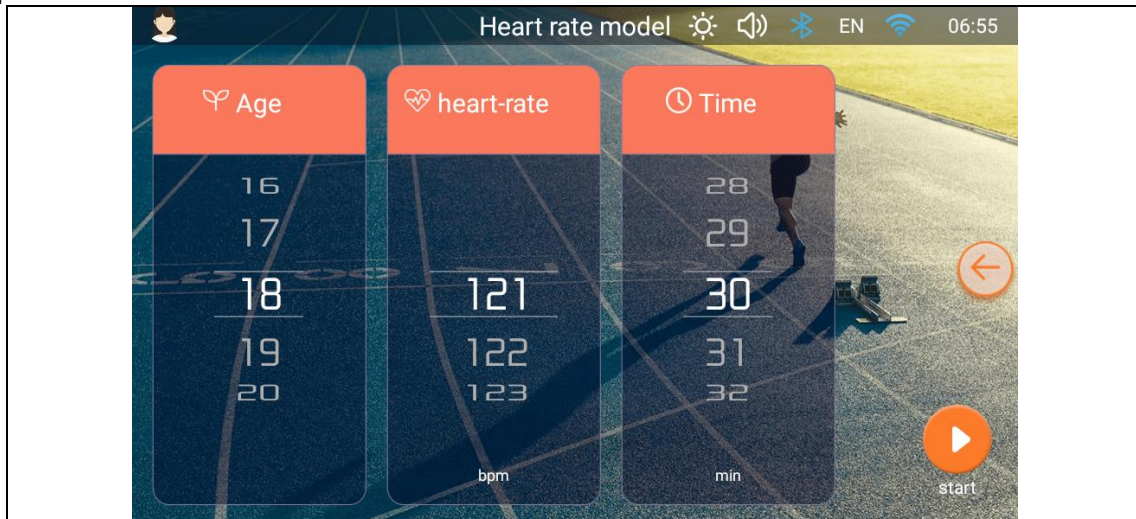
After adjusting the Age, target heart rate, and time values in Heart rate mode, click the " " icon and the Treadmill belt will start. You will need a Heart Rate Strap and hold the hand pulse sensors to ready your heart rate. The Treadmill speed and or incline will adjust automatically to get your heart rate to the desired value.
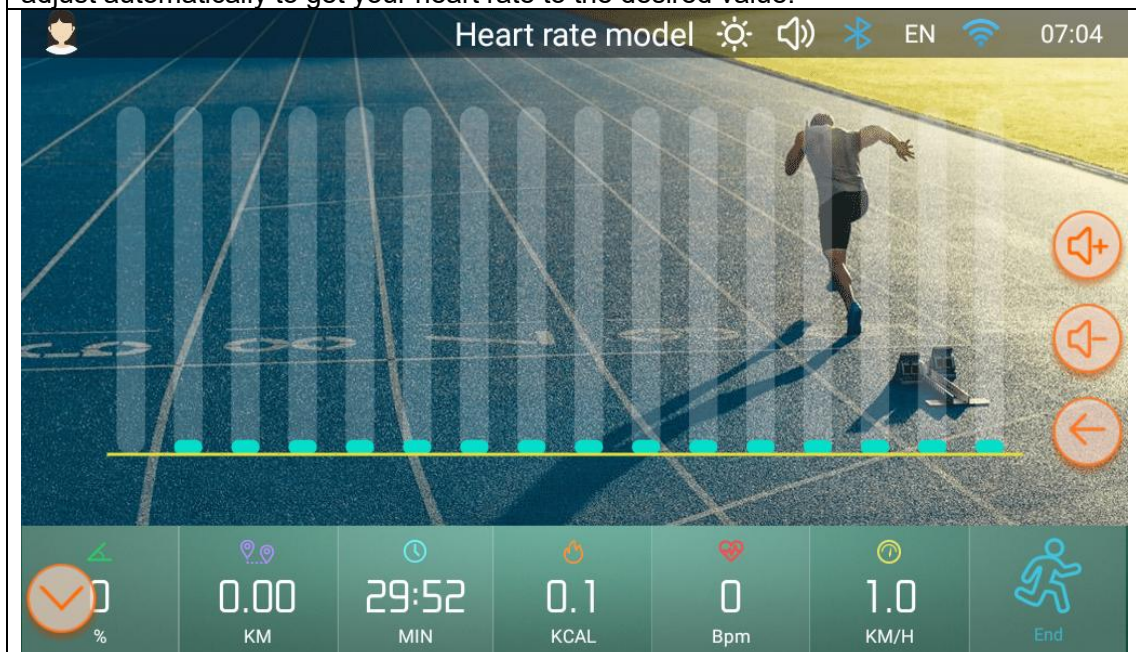
（f）BMI

Click " " Icon to enter the BMI measuring interface. It contains four settings - age, height, weight, gender. Slide the values up and down to set the correct details and click the" " As shown in the following picture：
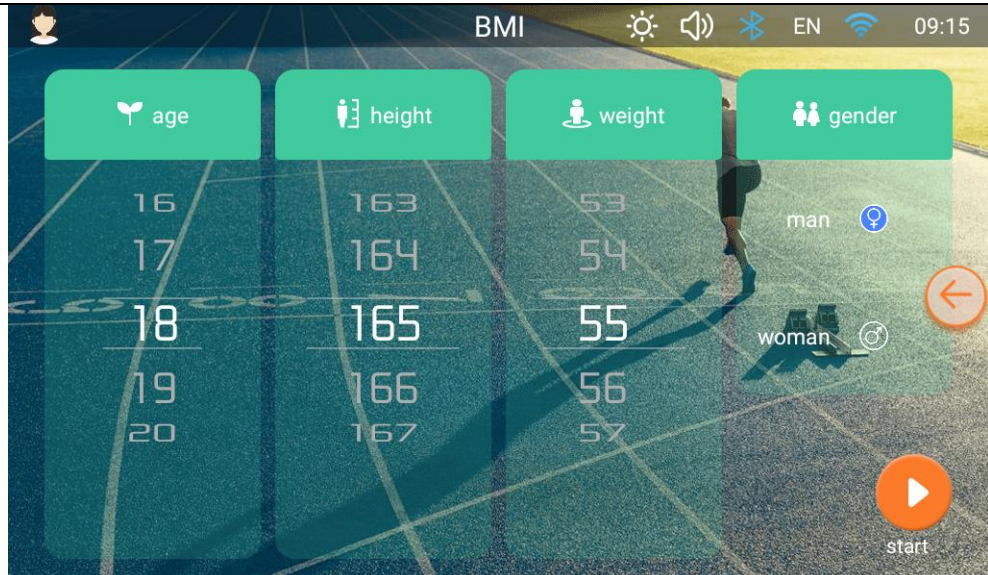
Click Start to enter the following interface and then hold the heart rate sensors on the handlebars. When the heart rate is detected, it will be shown as in the figure below:

Type	BMI scope
thin	18.4
normal	21.8~23.9
excess	24~27.9
fat	28
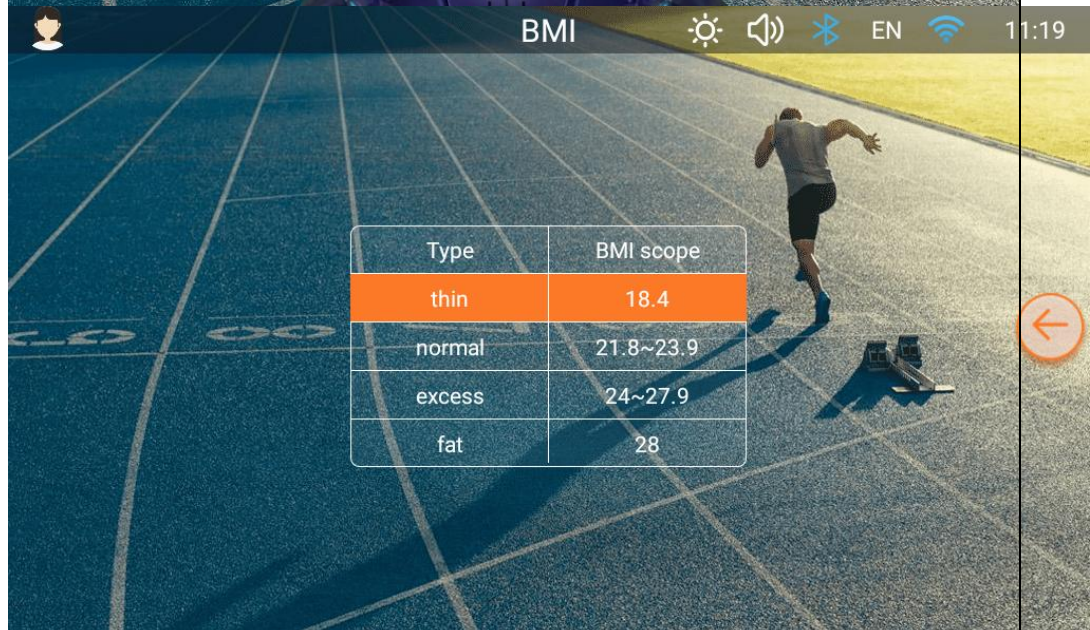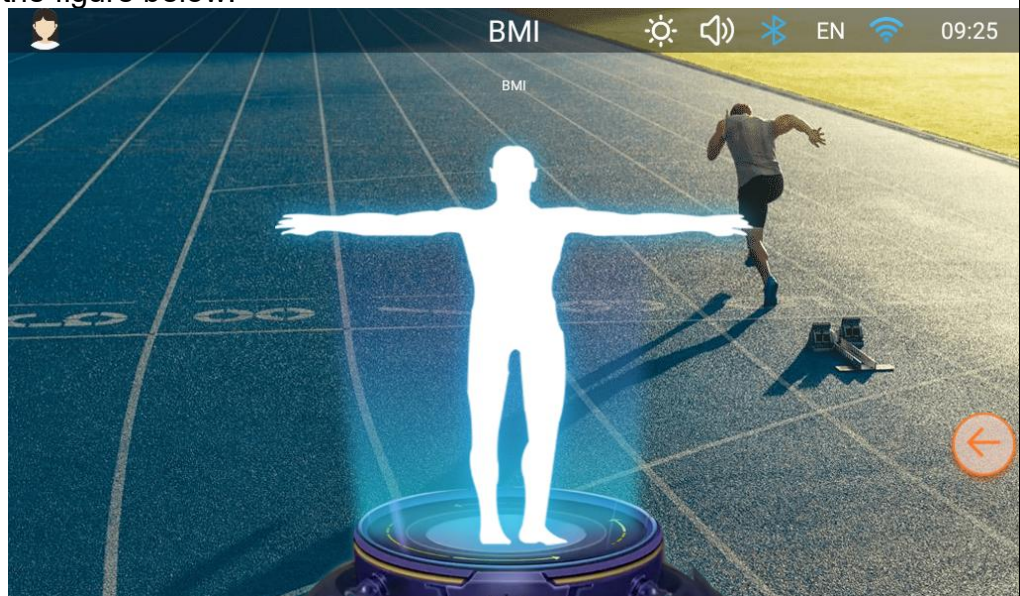
3. APPLICATION

Touch the icon" Application "in the main page to enter the application interface as shown in the following figure:
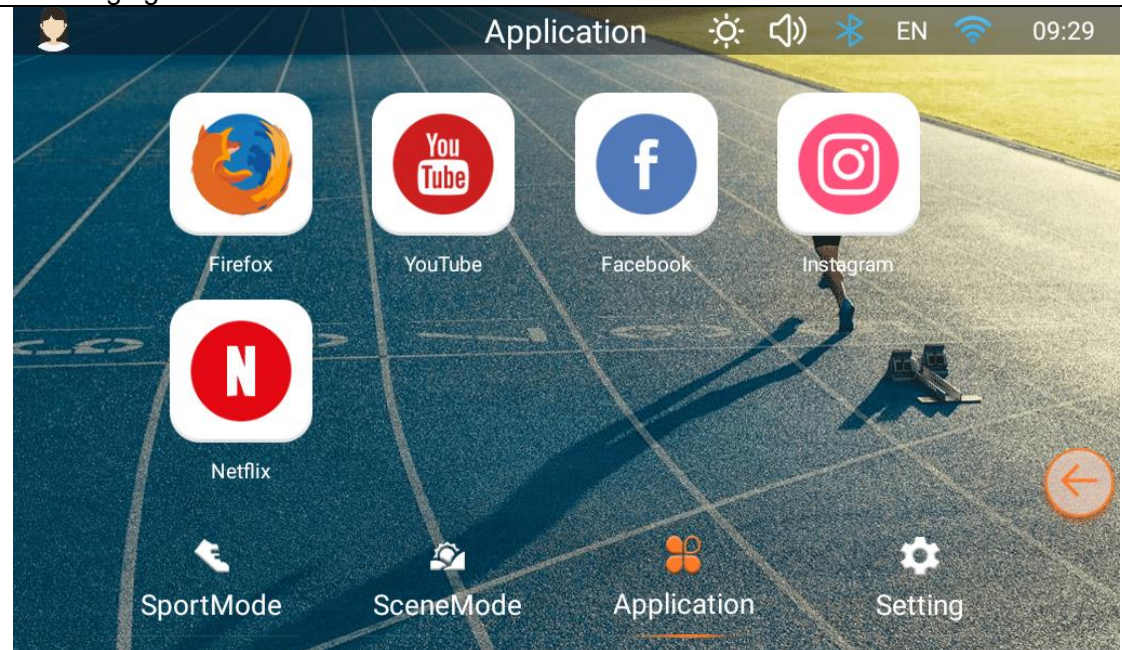
Touch the Facebook icon to display the following interface (since the web page may be different in different time periods, the following picture is only for user reference purposes) :
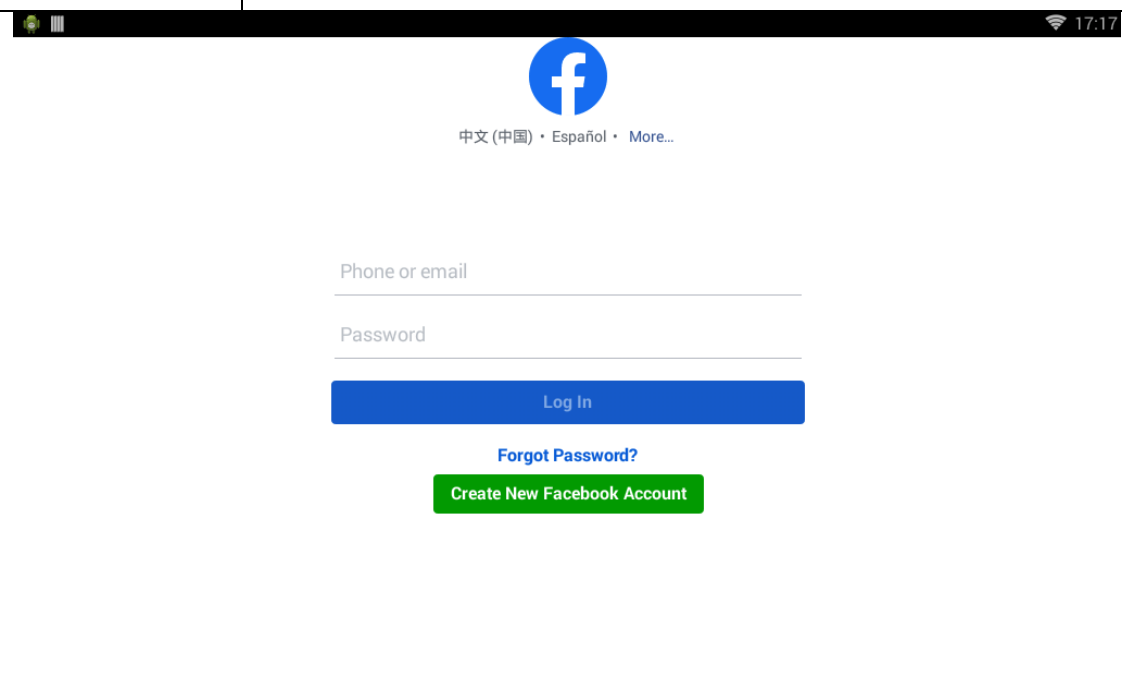
4. SCENE MODE

Click the " " icon on the main page to enter the real scene interface. There are 3 motion scenes available, as shown in the following interface

	Clicking on "Scene 1, 2 or 3" will take the user into the selected running scene.
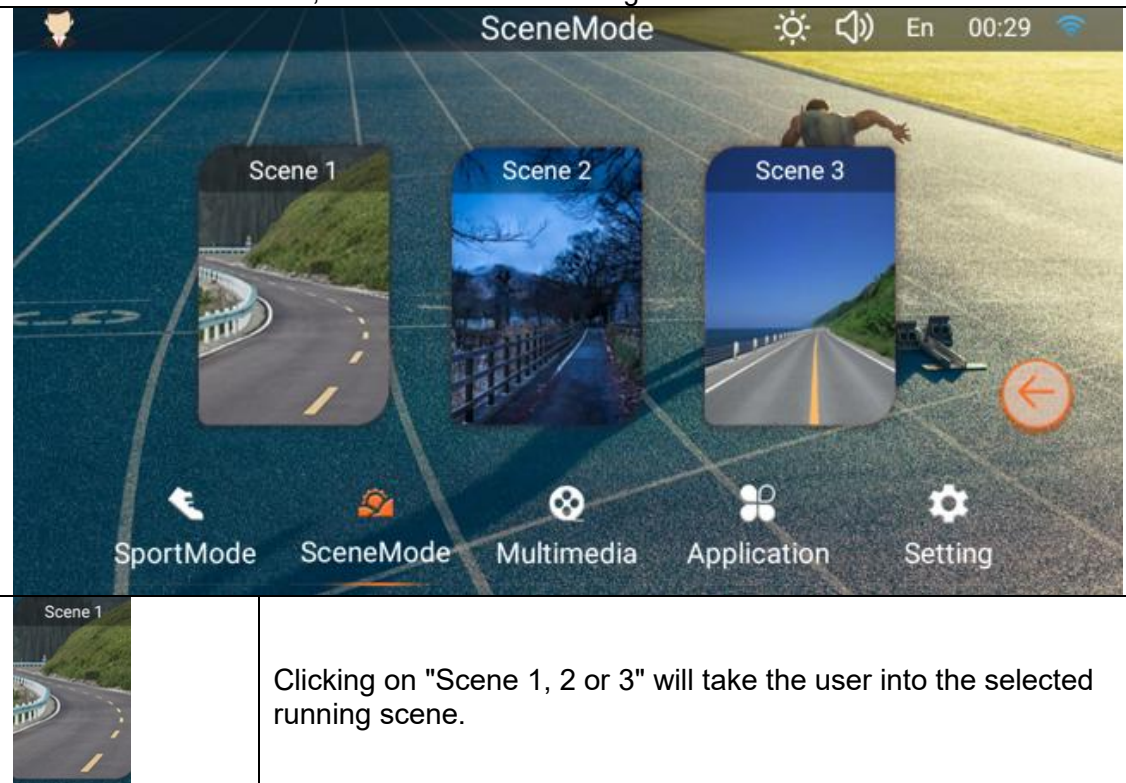
5. USER

Click the icon" " in main page to enter the user information interface, as shown in the following interface:

	Touch the "Edit" icon to edit users personal information. After editing, click the " PRESERVATION " icon to save as shown in the following interface:

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edit	
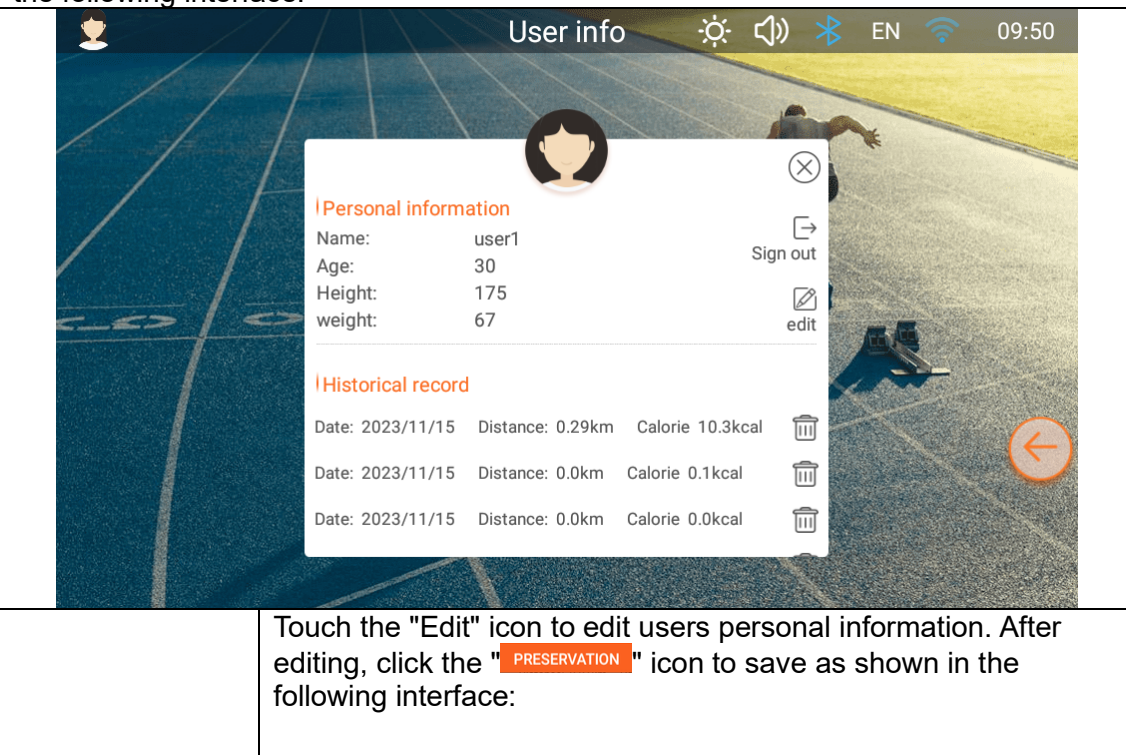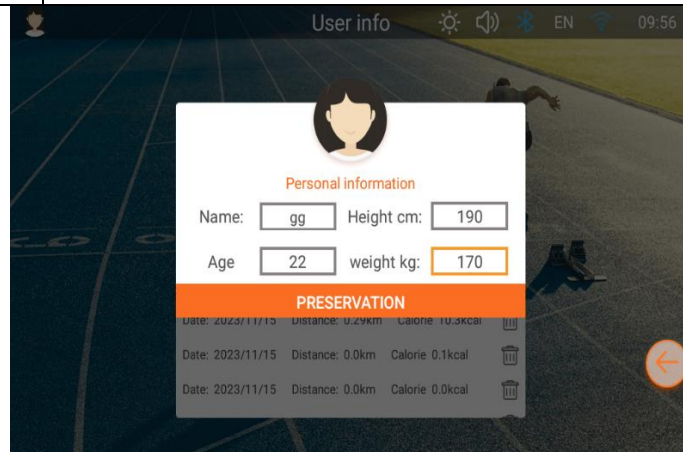
"Historical record" will show the user's running time, distance, and calories as shown in the following interface:
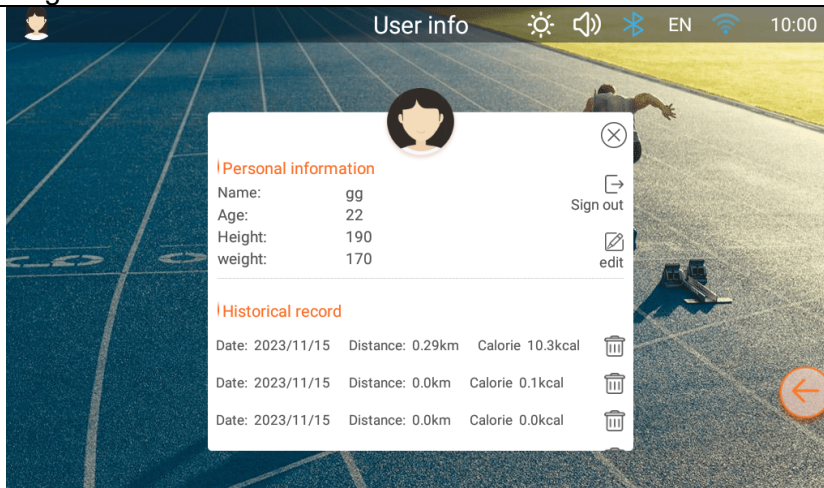
Sign out	Touch the "Exit" icon to return to the previous interface. Touching the " " icon will delete the current history.

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6. SETTING

Click the icon" "to enter the setting interface and the screen will show as follows:

Touch the icon" "to show the following interface and to check whether the WIFI is connected:

Touch the icon" " to show the following：

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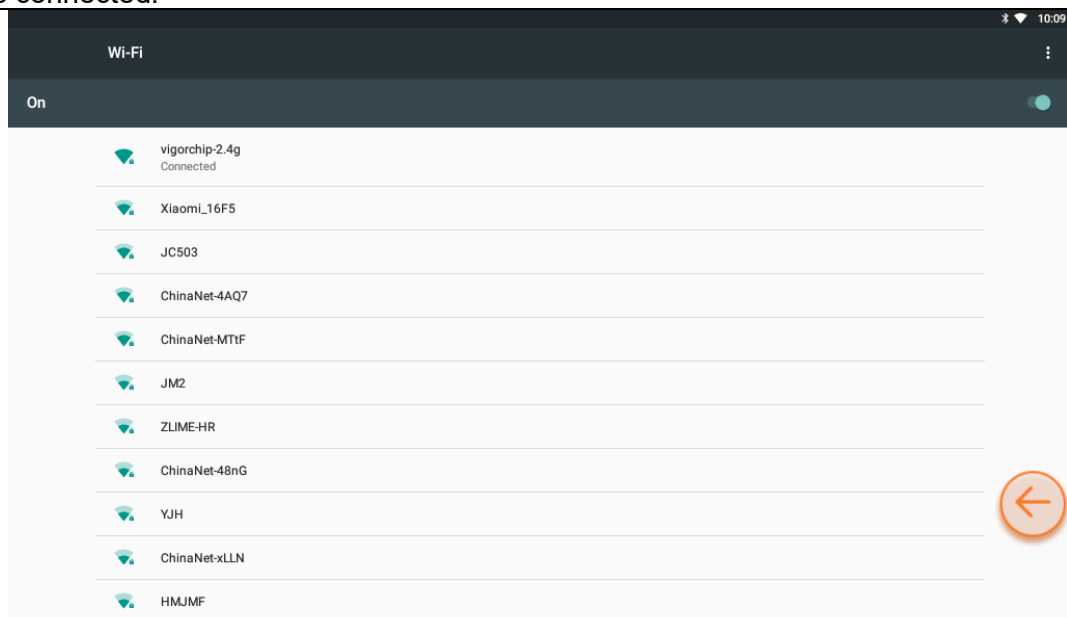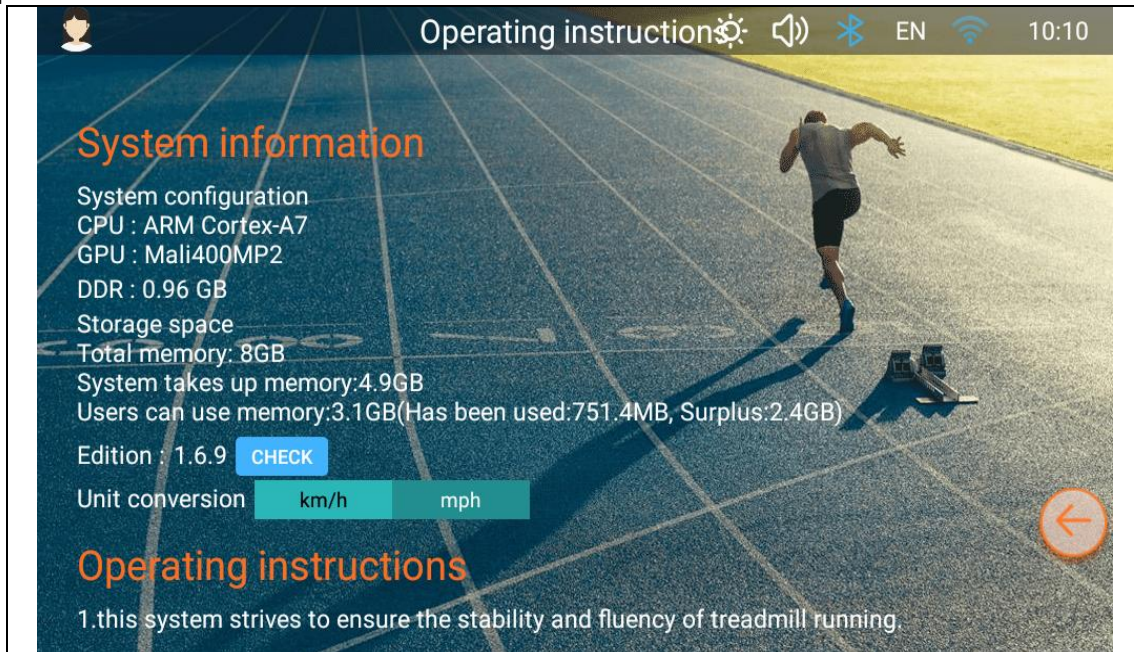
When it is necessary to update the system, connect to the Internet and Touch the" CHECK " icon, A "Discover New version" dialog box pops up. Click "Update Now" and wait for the system upgrade to complete. Do not operate any functions at this time.

Touch the " ↻ " icon, and a" Restore system "dialog box will pop up. If yes, click "DETERMINE". If no, click "Cancel" as shown in the following:
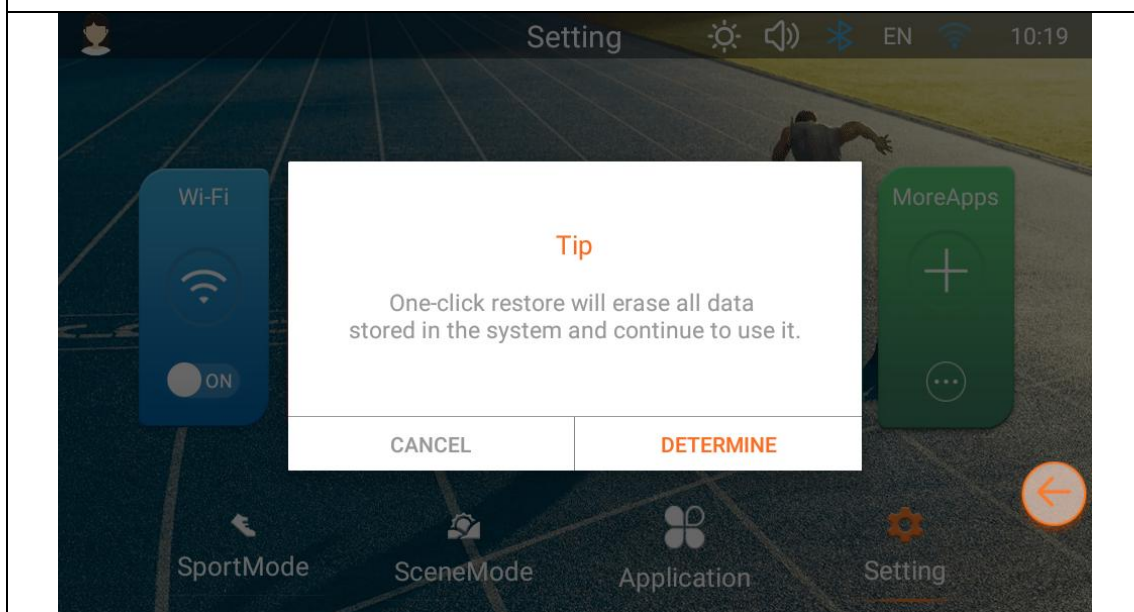
Touch the icon" 🗑 "then the memory will be cleaned. As shown in the following:
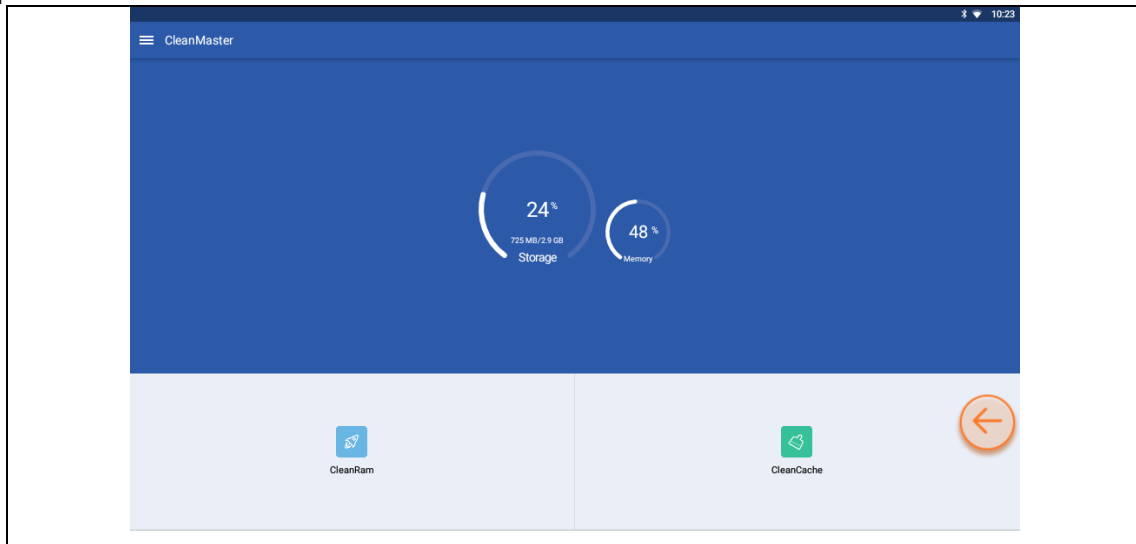
Click this icon " " Set the Bluetooth music switch, click on the following picture:
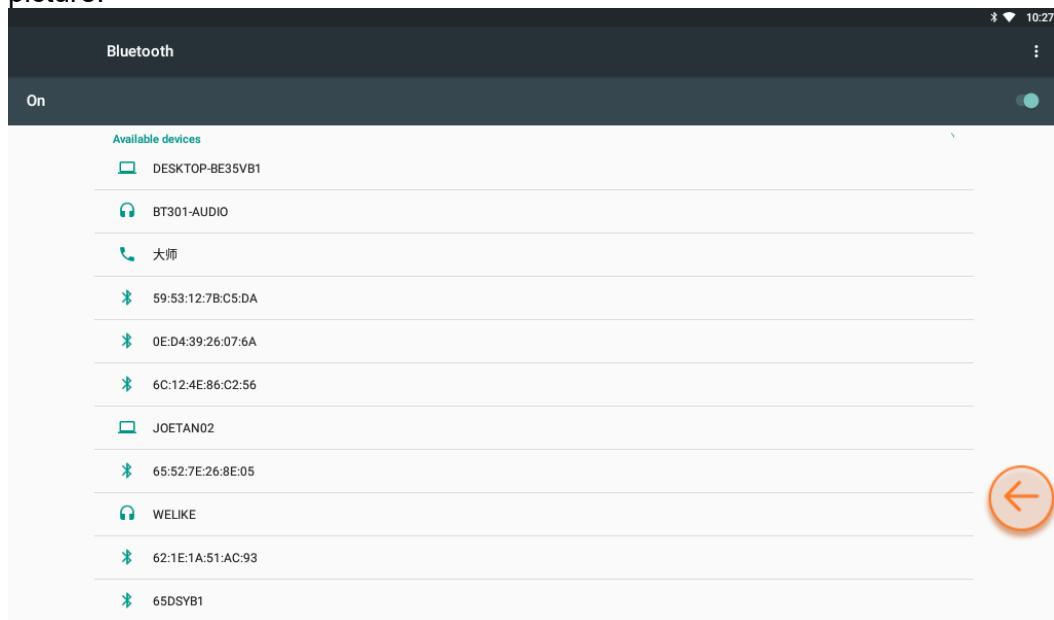
Click the red box above to turn Bluetooth on or off.
The red box "AP-MUSIC" at the bottom is the Bluetooth name.
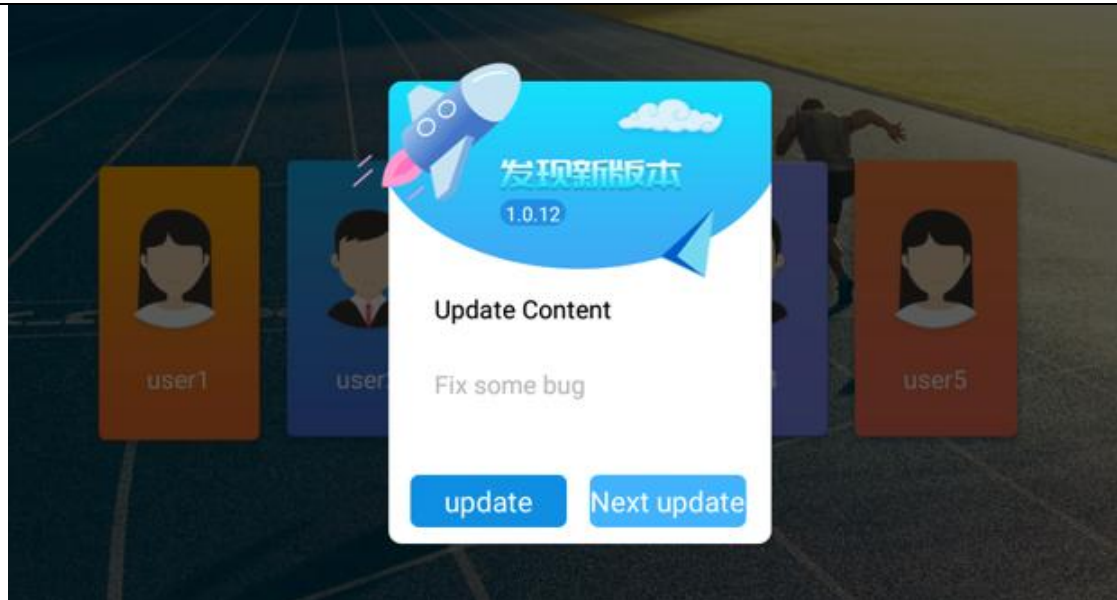
When the system needs to be upgraded, an update dialog box will display

Touch " EN " icon, A "Language Switch" dialog box will appear. Click on the language you want to switch, as shown below:

Treadmill Maintenance:

Proper maintenance is very important to ensure longevity and smooth operation of this treadmill. Improper maintenance can cause damage to the treadmill or shorten the life of this product. All parts must be checked and tightened regularly. Any worn out parts must be replaced immediately.

BELT ADJUSTMENT: MAKE SURE TREADMILL IS TURNED OFF BEFORE ADJUSTING

You may need to adjust the running belt during the first few weeks of use. The running belt tension is set correctly at the factory but may stretch or become slightly off center after use. Stretching is normal during the break-in period. If the running belt feels as though it is slipping or hesitating when you plant your foot during a run, the tension on the running belt may have to be increased. (only adjust the running belt as necessary)

TO INCREASE THE RUNNING BELT TENSION:

1. Place a 6mm Allen wrench on the left belt tension bolt. Turn the wrench clockwise a 1/4 of a turn. Then place a 6mm Allen wrench on the right belt tension bolt and turn clockwise a 1/4 of a turn. This will bring the rear roller back and tighten the belt.
You must be sure to turn both bolts the same amount so the rear roller will stay square relative to the frame. Once completed, start the treadmill and check if the belt is still slipping.
2. Repeat STEP 1 until the slipping is eliminated.
3. Be careful not to tighten the running belt tension too much as you can create excessive pressure on the front and rear roller bearings. An excessively tightened running belt may damage the roller bearings which would result in bearing noise.

TO DECREASE THE RUNNING BELT TENSION:

Turn both right and left tension bolts counterclockwise the same number of turns.

TO CENTRE THE RUNNING BELT:

When you run or walk, you may push off harder with one foot compared to the other which can result in the running belt deflecting and moving off-center. This deflection is normal, and the running belt should center when nobody is on the running belt. If the running belt remains consistently off-center, you will need to center the running belt manually.

1. Run the treadmill at 6-8km/hr for around 1 minute with no one on the belt and observe whether the running belt is toward the right or left side of the deck, then stop the treadmill.
●If the belt is toward the left side of the deck, using 6mm Allen wrench, turn the left adjustment bolt clockwise a 1/4 turn and the right adjustment bolt counterclockwise a1/4 turn.
● If the belt is toward the right side of the deck, turn the right adjustment bolt clockwise 1/4 turn and the left adjustment bolt counterclockwise 1/4.
● Run the treadmill at 6-8km/hr for around 1 min with no one on the belt and observe the belt position. Repeat the above steps if necessary.

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If the above procedure is unsuccessful in resolving the off-center, you may need to increase the belt tension.

Adjust the belt position

Tight the belt


Loose the belt

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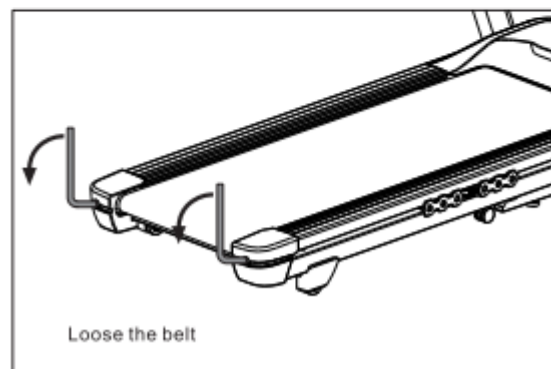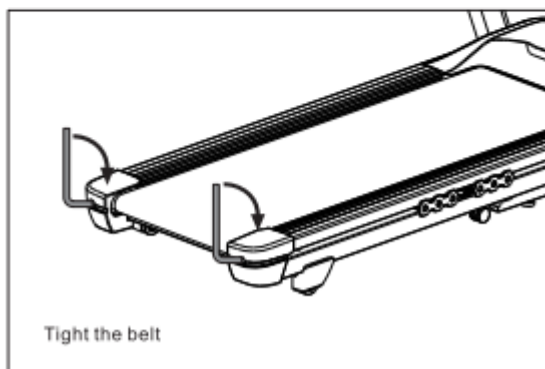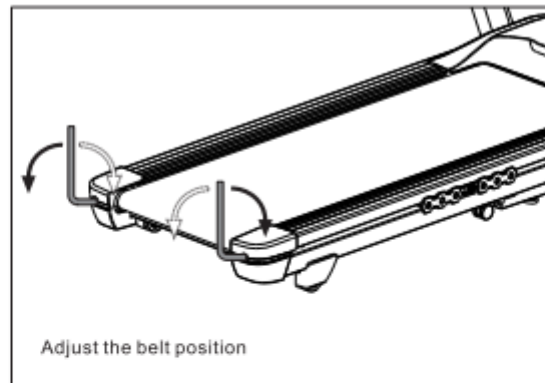
LUBRICATION:

(ALWAYS UNPLUG THE POWER CORD FROM THE TREADMIL WHEN PERFORMAING ANY MAINTENANCE/CLEANING OR LUBRICATING)

The treadmill is factory lubricated. However, it is recommended to check the lubrication of the treadmill belt/deck regularly to ensure an optimal operation of the treadmill. Generally, the treadmill will need lubricating around every 3 months of operation. Lift the sides of the belt and feel the surface of the deck towards the center. If the deck feels dry, you will need to lubricate the deck with silicon lubricant. Only use approved silicon lubricant.

Applying Silicon lubricant onto the deck:

1. Unplug the treadmill power cord from the wall

2. Lift one side of the running belt to allow your hand to reach the center of the deck and use a dry cloth to wipe away any dirt or dust. You may need to loosen the running belt to do this by turning both the left and right adjusting bolts approximately 5 or more fully turns counterclockwise. Make sure to turn both adjusting bolts the exact same number of turns and remember to count how many turns were performed.

3. Using the silicon bottle, you will need to apply 4 or 5 lines of silicon across the deck approximately 30cm apart starting at the front and moving towards the rear of the treadmill deck. Each line of silicon should be around 5mm in width and from just inside the belt edge to the other side of the belt edge to make sure complete coverage is made. See example on the next page of one single line of silicon.

4. Once lubrication is complete, you will need to tighten both adjusting bolts clockwise the same number of turns that they were undone.

5. Start and run the treadmill with no user for around 2 mins to check the belt is staying in the center. If the belt needs realigning, follow TO CENTRE THE RUNNING BELT instructions. Once the belt is running correctly, use the treadmill as normal.
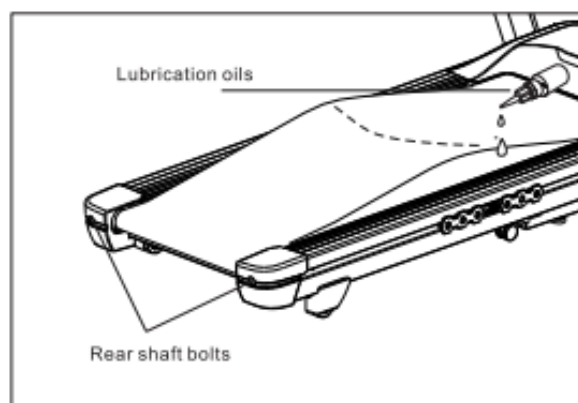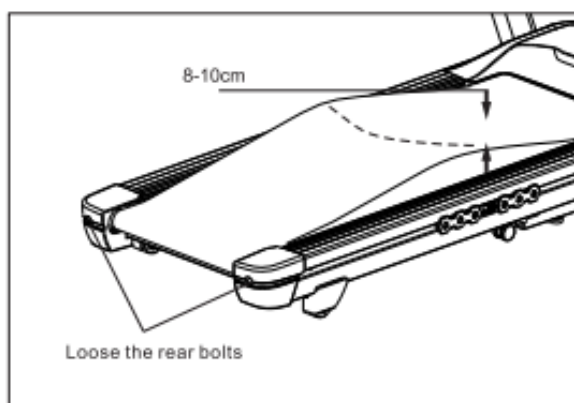
CLEANING:

●After training:

Wipe the console and other surfaces with a clean, soft damp cloth to remove sweat residues.

Caution:

Do not use any abrasives or solvents. To avoid damage to the computer, keep any liquids away. Do not expose the computer to direct sunlight.

It is recommended to use a good quality equipment mat under the treadmill to help stop dirt and dust accumulating inside the motor cover and under the running belt and to also help protect floors.

STORAGE:

Store your treadmill in a clean and dry environment. Ensure the master power switch is off and is unplugged from the electrical wall outlet if you are not using it for some time.

IMPORTANT NOTES:

I. The device corresponds to current safety standards.
II. The device is only suitable for home use.
III. The pulse sensor is not a medical device. It is meant for your information purposes only and is designed to give an average pulse rate. It is not intended to offer medical advice, nor will it measure pulse accurately every time, due to differing environmental and human conditioning factors.

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Error message code meaning：

Error Code		Error Description	Troubleshooting
E1	**E1** Poor communication line — 1.Check whether the communication line is in poor contact 2.Defective electronic watch Replace the electronic watch 3.Poor motor control, replace the controller	A: Communication line contact problem. B: The computer is faulty. C: Motor problem.	A: Reconnect the communication cable and check whether the port is properly inserted or replace the communication cable B: Replace the computer. C: Replace the PCB controller
E2	**E2** Explosion-proof punch — 1.Bad controller, replace controller	Explosion shock	Replace the PCB controller
E3	**E3** Speed sensor failure — 1.The light sensor is not installed correctly, reconnect it. 2.The light sensor is defective, replace the light sensor 3.Poor connection between light sensor and controller, reconnect 4.Bad controller, replace controller	A: The optical sensor is not installed correctly. B: Light sensor problem. C: Connection problem between optical sensor and controller. D: The controller is faulty	A: Check and reconnect. B: Replace the optical sensor. C: Check and reconnect D: Replace the PCB controller
E5	**E5** Overcurrent protection — 1.The friction of the running belt is too large, so add lubricating oil 2.The controller is damaged, replace the controller. 3.The motor is damaged, replace the motor.	A: The belt has too much friction. B: The controller is damaged. C: The motor is damaged.	A: Add lubricating oil. B: Replace the controller C: Replace the motor.
E6	**E6** Abnormal motor — 1.Defective motor and motor cable, replace the motor	Motor and motor cable are bad	Replace the motor

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APP User Instructions:

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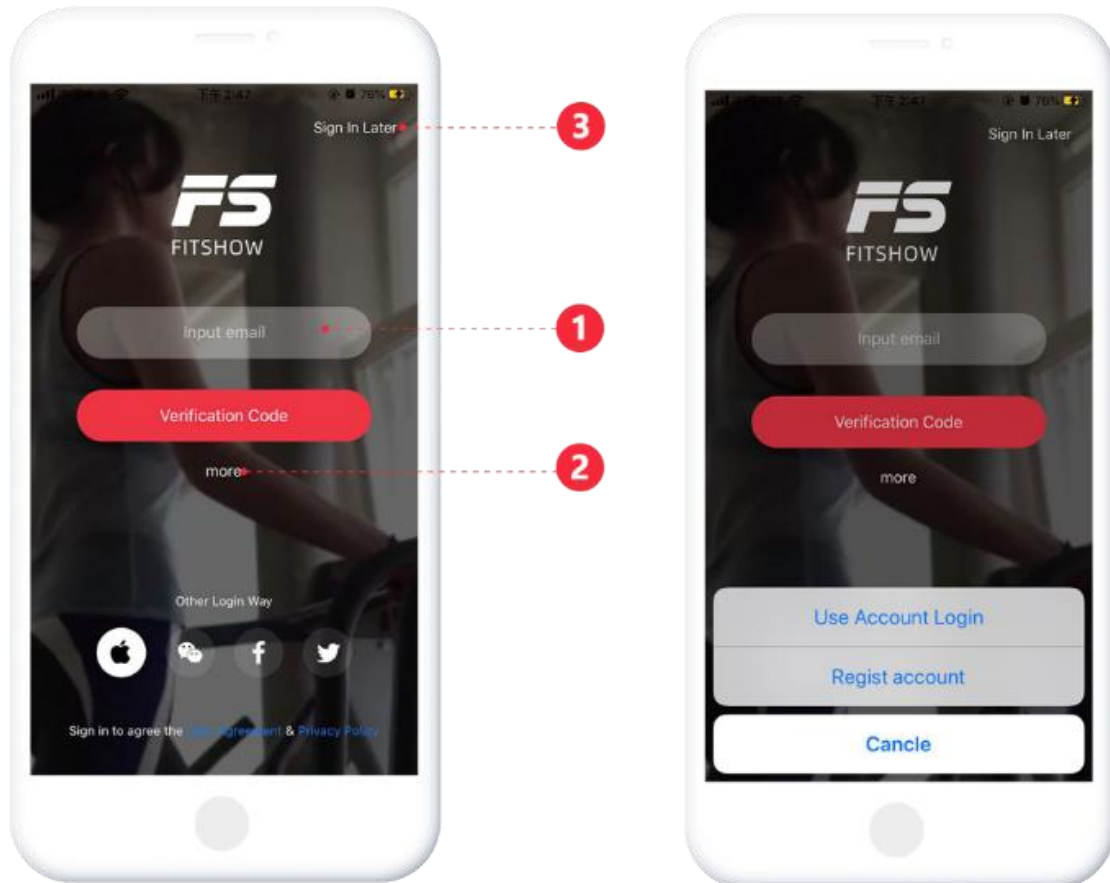# 1.FitShow / Kinomap / ZWIFT Download

FitSHOW

Kinomap

ZWIFT

Scan the QR code to download the APP directly or download and install over the application stores by searching 'Fitshow / Kinomap / ZWIFT'.

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2. Application Operation
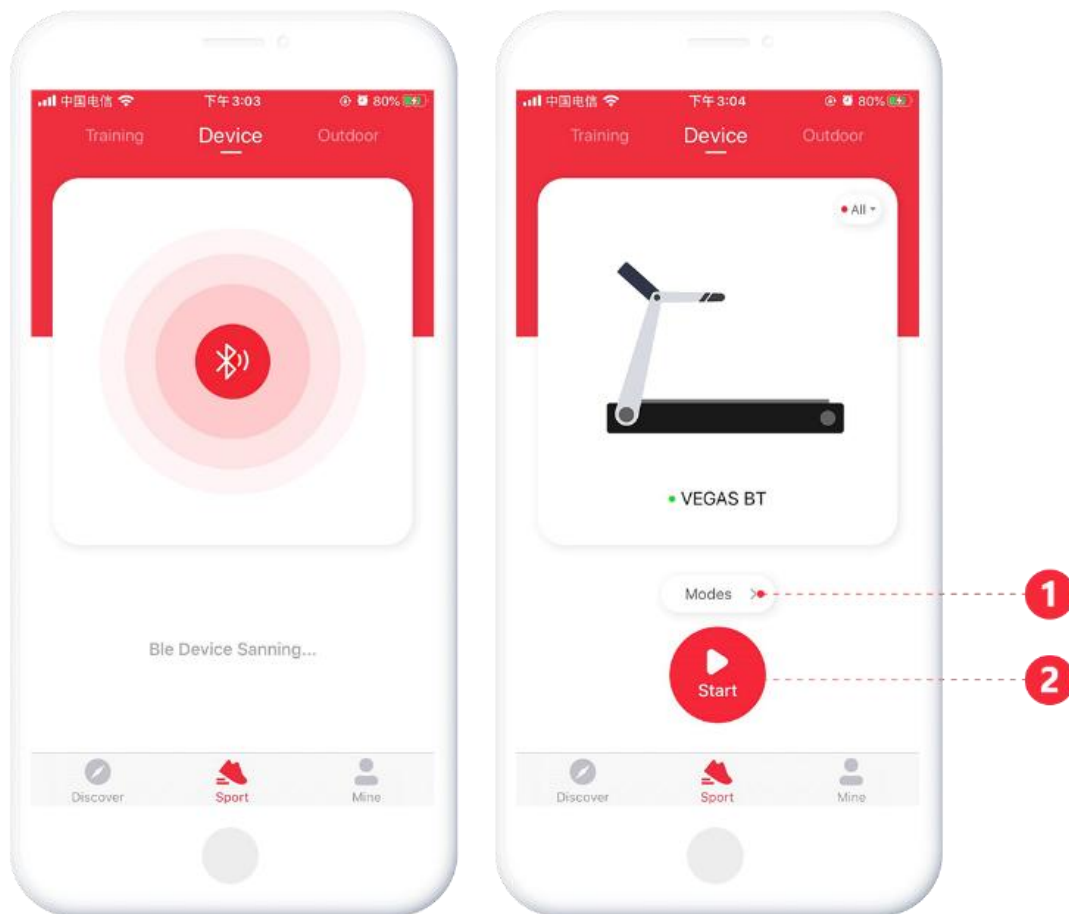
2.1 FitSHOW User register/signup and login

【1】: Generate a verification code to log in directly

【2】: Tap 'More' -> Password Login to input the existing account and password

【3】: Log in as a guest

2.2 FitSHOW Device Connection

Before connecting the device, please make sure the system Bluetooth and GPS (Andoird8.0 and above required) are ON status. Then go to [Sports - Devices] page, get the devices nearby via Bluetooth search.
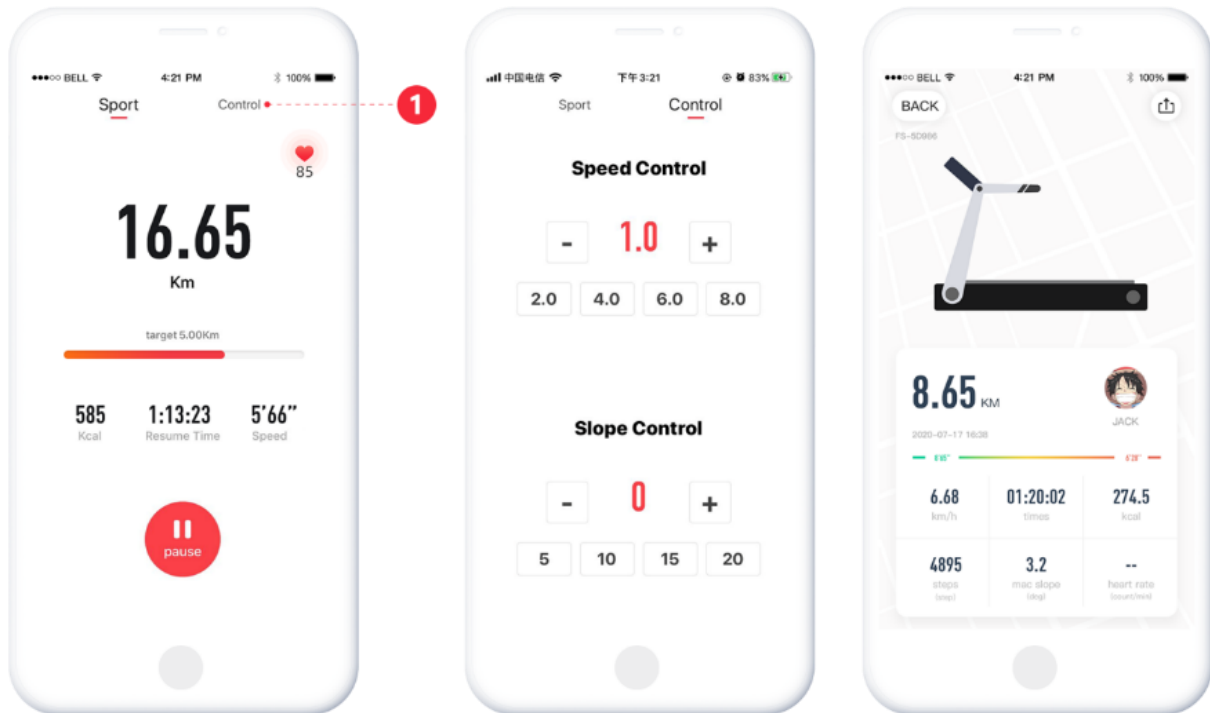
Note:

1. Please do not bind devices by the phone Bluetooth list which will disable the APP.
2. If the device is powered by battery, please run the device one or two to activate the device then connect APP.

2.3 FitSHOW Model Selection
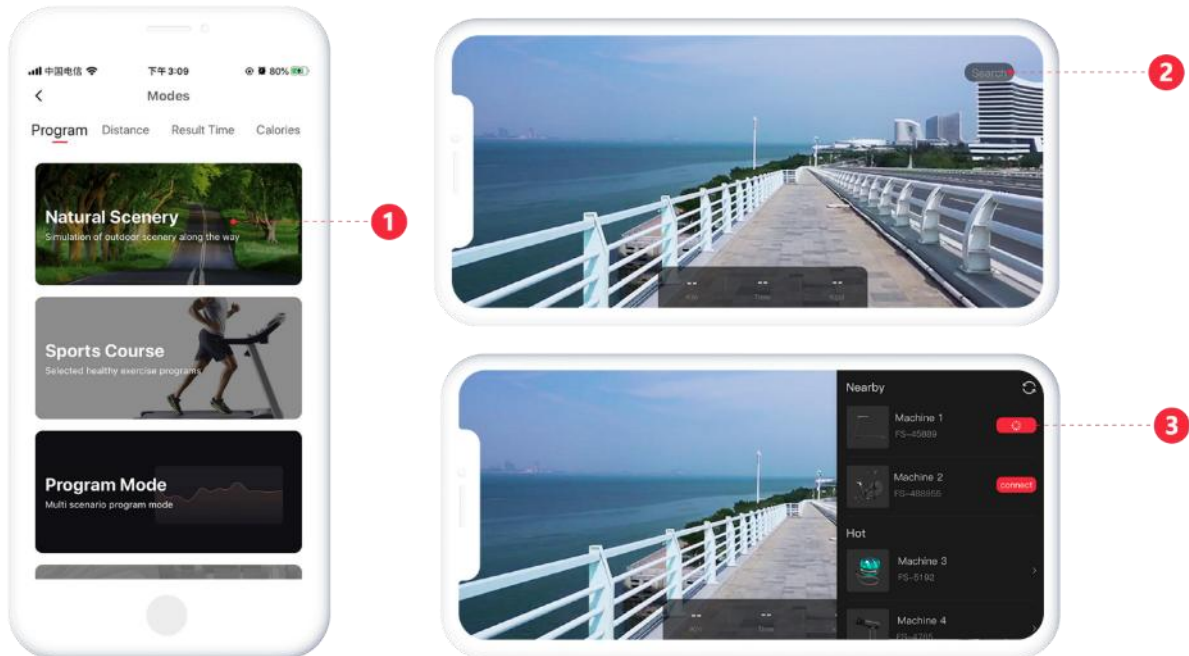
Tap a model 【1】 to enter the corresponding sports model, then connect the desired device by the nearby devices list 【2】.
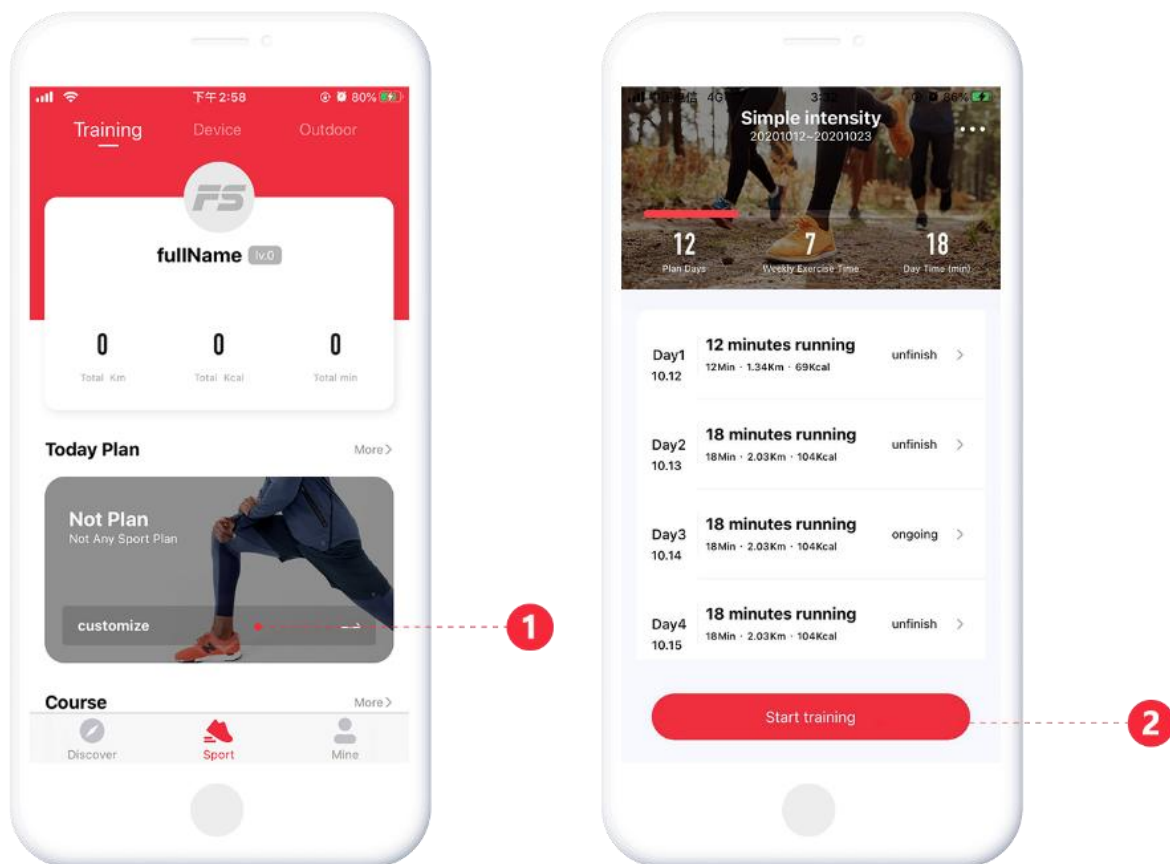
2.4 FitSHOW Sports Control

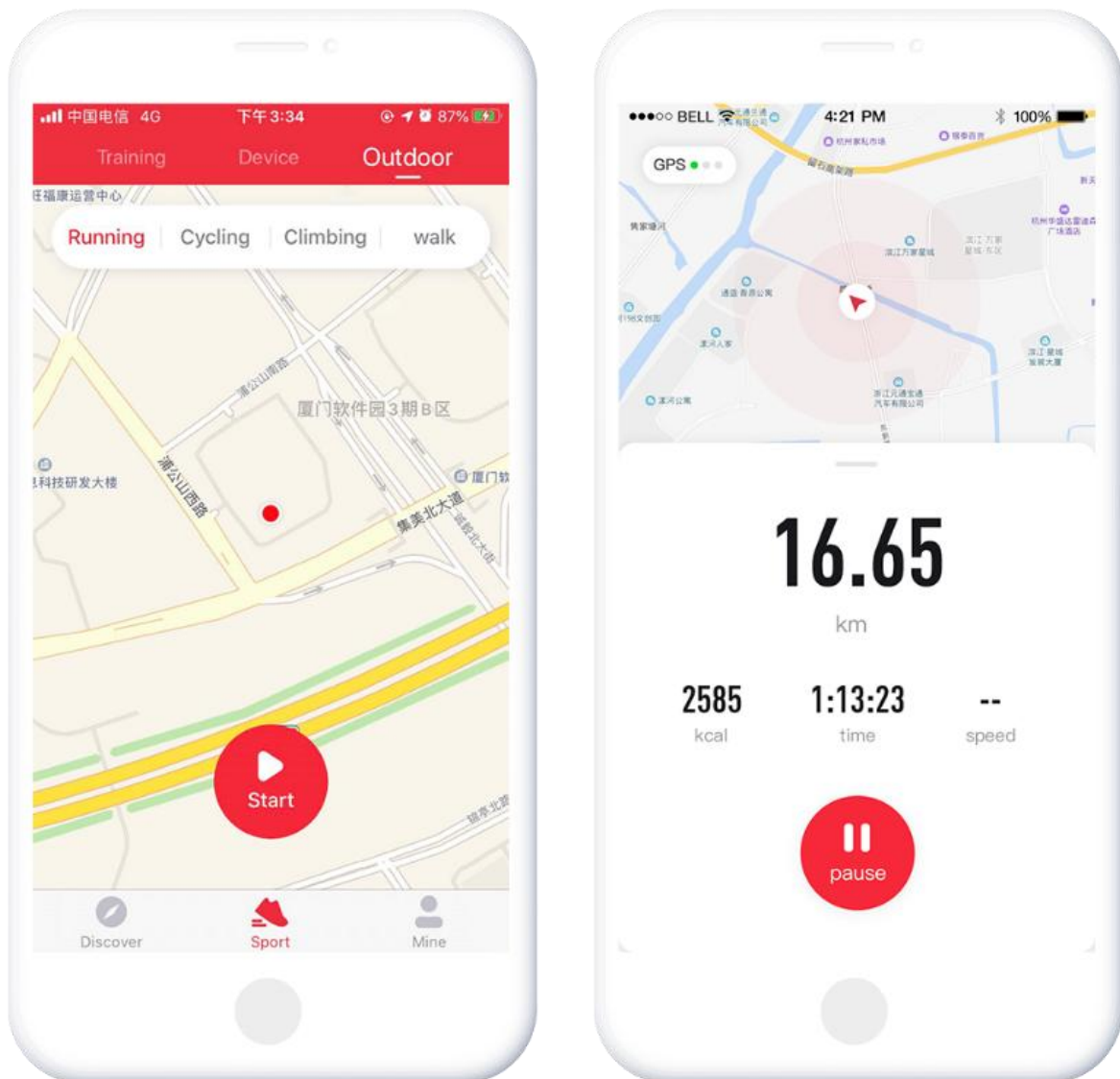Start the Treadmill to enter the sports car table and control the sports by the 【1】 control options.

The motion data is generated synchronously after the sports.
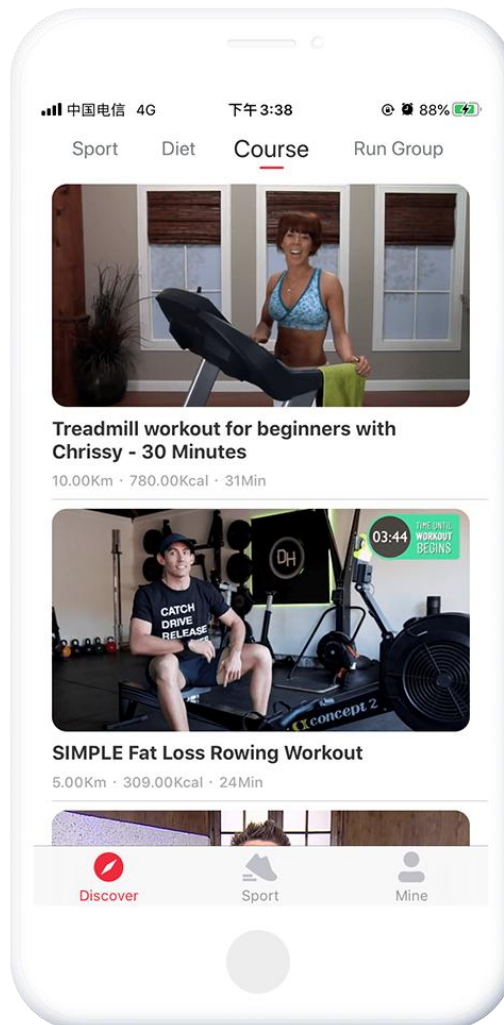
2.5 FitSHOW Sports Training
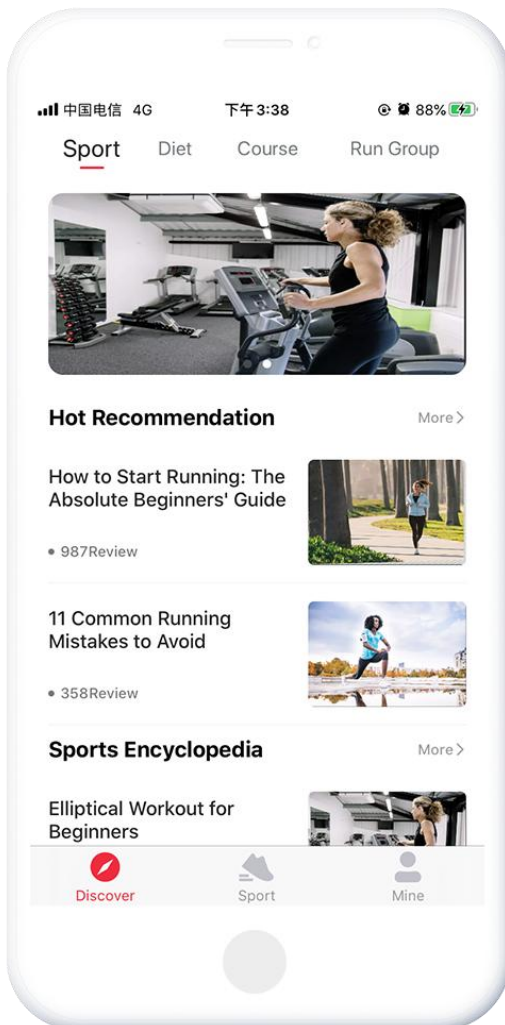

Enter [Sports - Training] page, make a daily sport plan by the 【1】.
Once the plan is created, tap 【2】 to start the plan.
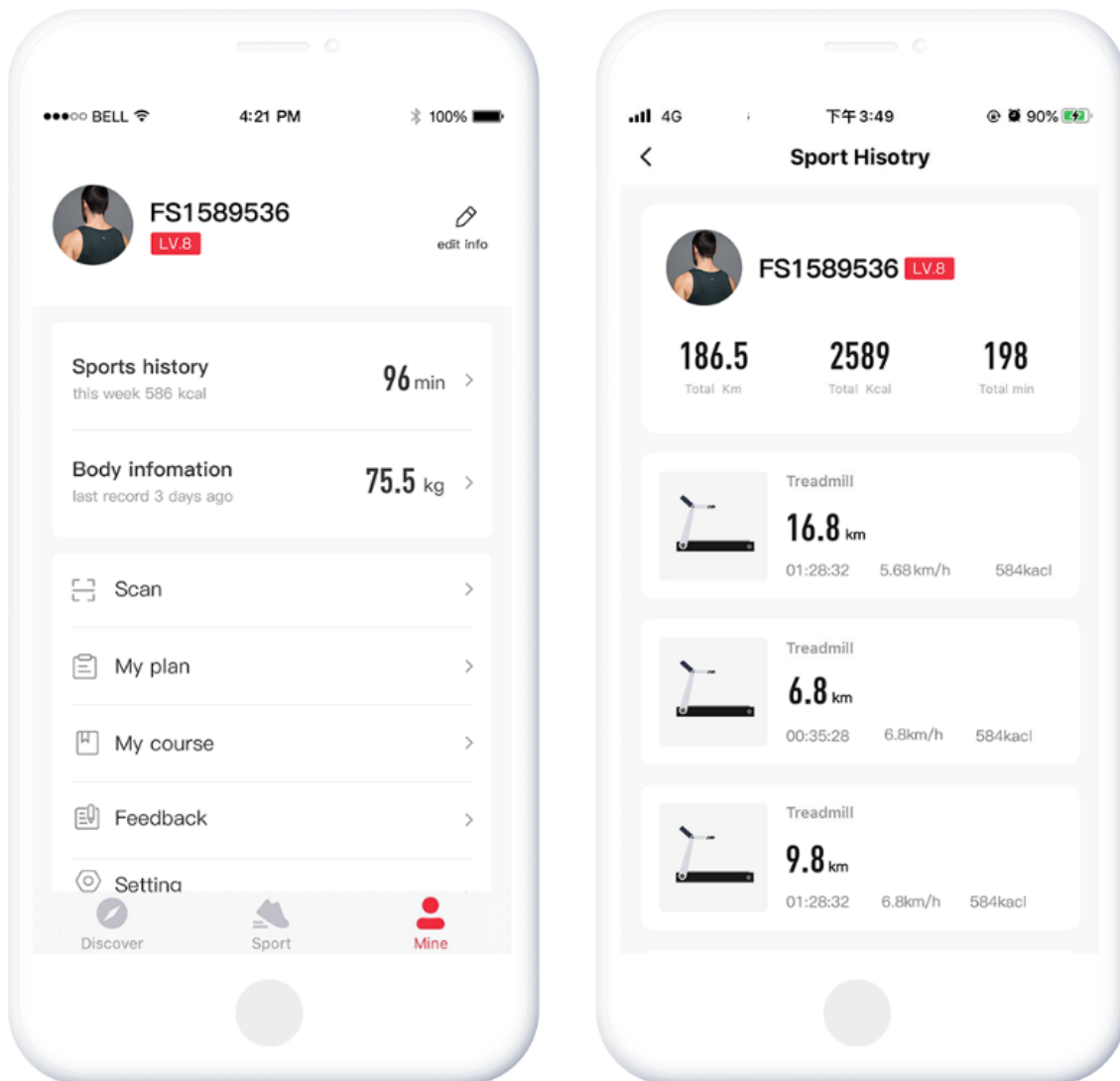
2.6 FitSHOW Outdoor Sports

Enter [Sports - Outdoor] page to start a related outdoor sports model.

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2.7 FitSHOW Discover

Enter [Discover] page to find more sports, diet, course, and other wonderful content recommendations.

2.8 FitSHOW My

Enter [Mine] page to view the sports data record, edit profile, change system setting, and so on.

3. The Third-Party Application

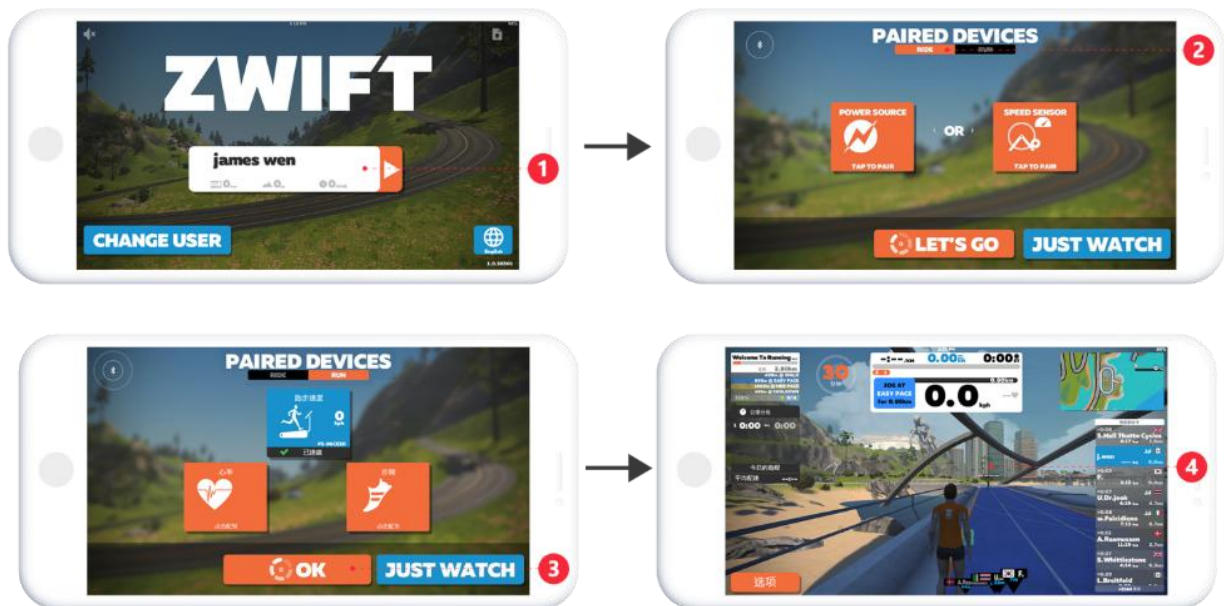## 3.1 Kinomap
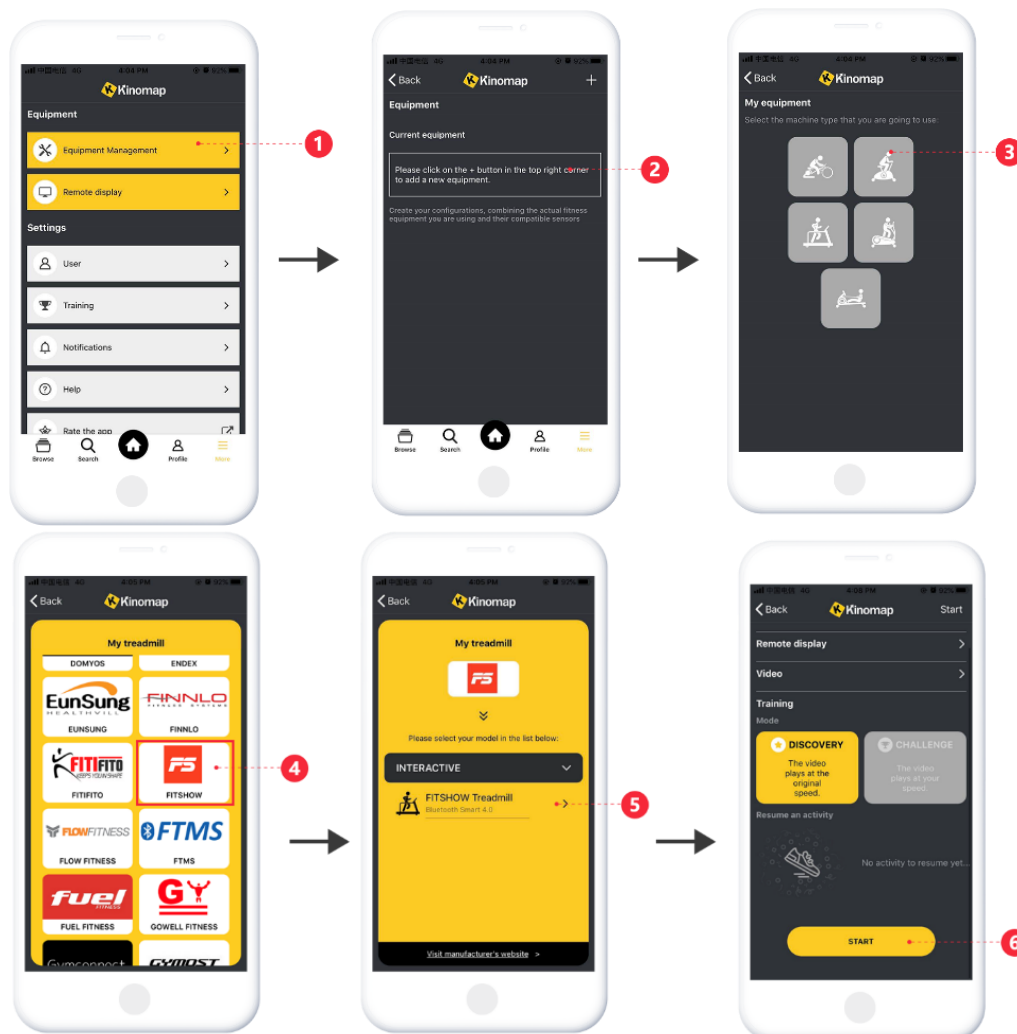
Search, download, and install Kinomap over the App Store.

【1】Enter Kinomap to select [More] page;

【2】Select to add more fitness equipment;

【3】Select the desired device type;

【4】Tap FitShow entrance;

【5】Tap the matching devices like 'Fs-XXXX' to bind;

【6】Find related videos to start sports.

3.2 ZWIFT

Search, download, and install ZWIFT over the App Store.

【1】 Enter ZWIFT to register an account;

【2】 Login account to select the paired riding or running equipment;

【3】 Pair device successfully, tap OK to start sport;

【4】 For riding equipment, start riding directly. For running equipment, need to press the start button to start running.

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WARRANTY:

TERMS AND CONDITIONS:

This warranty is valid only in accordance with the conditions set forth below. Warranty applies only while the following 3 conditions are met:

1) It remains in the possession of the original purchaser and proof of purchase is demonstrated.

2) It has not been subject to accident, misuse, abuse, improper service or unauthorized use or modifications.

3) Claims are made within the warranty period.

EXCLUSIONS AND LIMITATIONS:

This warranty is for home use only.

Under no circumstances is this treadmill warranted for semi-commercial or commercial use.

We guarantee this product to be free from defects in material and workmanship.
This warranty is expressly limited to the replacement of a defective motor, electronic component, or defective part and is the sole remedy for the warranty. The warranty does not cover normal wear and tear (such as the running belt) improper assembly or maintenance or installation of parts or accessories not originally intended or compatible with the treadmill sold. The warranty does not apply to damage or failure due to accident, abuse, corrosion, or neglect. Improper use and/or incorrect transportation can render the warranty void.

This warranty does not cover:

1. Damage affected by outer force.

2. Intervention by unauthorized parties.

3. Incorrect handling of the product.

4. Non-compliance of the operating and maintenance instructions.

The manufacturer shall not be responsible for incidental or consequential damages.

WARRANTY REGISTRATION:

Retain your proof of purchase to qualify for registration. You must have this information before a warranty claim can be processed. Your warranty starts with the date of purchase.

Please do not send the device to our company without being requested to do so by our Service team. The costs of unsolicited shipments will be borne by the sender.

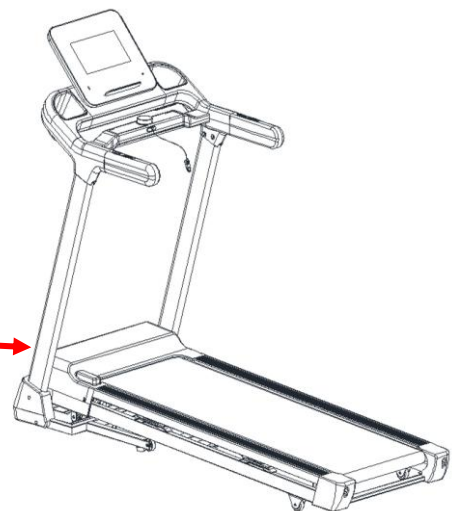EDGEFIT

CUSTOMER SUPPORT:

Should you require any customer support, warranty requests or spare parts, please provide the following information via email to support@edgefit.com.au or 0494 022 729.

- Serial number – this can be found at the front of the treadmill near the power cord plugs in.
- The original proof of purchase from one of our retail partners
- Description of the issue or spare part # required from the exploded diagram on page 4, 5, 6.

It's very important to retain your proof of purchase receipt as the warranty is only applicable to the original purchaser of this product. The warranty starts from the date shown on the original receipt of purchase from one of our retail partners.

EDGEFIT warranty covers manufacturing faults.

TFT8.0 WARRANTY:
7 years Frame
5 Years Motor
2 Years Parts
2 Years Electronics

Use only on a level surface
For domestic/non therapeutic purposes only

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Manufacturer:	Total Import Solutions PTY LTD
Product Name:	TFT8.0 Treadmill
Contact Email:	sales@edgefit.com.au
Electrical Standards:	CE Approved
Max User Weight:	140KGS
SERIAL NUMBER:	**EDG8009-XXXX**

E9988

Serial Number is located here at the front of the frame.

Proudly designed and developed by:
Total Import Solutions PTY LTD
PO Box 92 Bargo, NSW, Australia.
ABN 17 633 635 702

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